

Trusted evidence.
Informed decisions.
Better health.

The Cochrane Library

Library Network Office for VHA

Mary Helen Yount, Customer Training Manager, Wiley



WILEY

Agenda

Background: what is Cochrane, and what is the Cochrane Library?

What's in the Cochrane Library?

Benefits of the Cochrane Library

Key features

Using the Cochrane Library: Live demo

- Browsing
- Basic search
- Help and Training resources

What is Cochrane?

An international collaboration of over 50,000 researchers, health professionals, patients, carers, and people passionate about improving health outcomes for everyone, everywhere

Their objective is to ensure that the treatments used every day around the world, are based on the best possible knowledge, which is independently assessed and quality checked

Cochrane does not accept commercial or conflicted funding. This is vital to generate authoritative and reliable information, working freely, unconstrained by commercial and financial interests.

They have been doing this for 30 years

What is the Cochrane Library?

A **collection of databases** that contain different types of **high-quality, independent evidence** to **inform healthcare decision-making**

What's in the Cochrane Library?



**Cochrane Database
of Systematic
Reviews (CDSR)**

**11,000+ reviews and
protocols**



**Central Register of
Controlled Trials
(CENTRAL)**

**Over 1.9 million
trials**



**Cochrane
Clinical Answers**

**3,000+ bite-sized
actionable answers to
inform point-of-care
decision making for
clinicians**

**Plus additional curated content such as Editorials, Special
Collections, and systematic reviews in McMaster's Health Systems
Evidence and Social Systems Evidence.**

Cochrane Database of Systematic Reviews

- Cochrane systematic reviews are internationally recognised as the gold-standard of evidence.
- Each systematic review asks a specific clinical question such as ‘Can Vitamin C prevent and treat the common cold?’
- Reviewers use stringent methods to summarize and interpret the results of existing research on this topic to establish whether there is conclusive evidence to answer the question.
- Only research that meets rigorous quality criteria is included in the review ensuring credible, reliable results.

Cochrane Register of Controlled Trials (CENTRAL)

What is CENTRAL?

- A concentrated source for bibliographic reports of randomized controlled trials.
- In addition to bibliographic details (author, source, year, etc.) CENTRAL records will often include an abstract (a summary of the article). They do not contain the full text of the article.
- Records are included irrespective of language or date of publication.

How can it help?

- Created from multiple sources, CENTRAL is a single searchable source for high-quality evidence, saving you time in finding the research you need.
- Ideal for anyone completing a literature review for a research article, or systematic review.
- Can help identify research gaps

CENTRAL

Includes randomized and quasi-randomized controlled trials. Other study designs registered in Clinical Trial Registries (e.g. cohort studies) are not included.

CENTRAL is comprised of records retrieved from

- **PubMed/MEDLINE**
- **Embase**
- **Clinical Trial Registries**
 - **ClinicalTrials.gov**
 - **ICTRP**
- **CINAHL (Cumulative Index of Nursing and Allied Health)** (new as of May 2020)
- Cochrane Review Groups' **Specialized Registers** which includes records identified by **handsearching** various biomedical sources.
- **How is CENTRAL created?**

Cochrane Clinical Answers (CCAs)

- Ideal for healthcare professionals short on time.
- Cochrane Clinical Answers use the evidence in Cochrane Reviews to provide a bite-sized answer to a specific clinical question.
- They are actionable and support point-of-care decision making.

Cochrane Clinical Answers

Question:

What are the benefits and harms of vitamin D for people with asthma?

Elie Mulhem

27 February 2023

<https://doi.org/10.1002/cca.4234>

Clinical Answer:

High- to moderate-certainty evidence shows that in adults and children with mild to moderate asthma, oral vitamin D does not reduce exacerbations requiring steroids or the number of people with asthma exacerbations requiring emergency department visits, hospitalizations, or both compared with placebo. Furthermore, there was little to no difference between groups in per cent of predicted forced expiratory volume in one second (FEV₁) (high-certainty evidence) or in scores on the Asthma Control Test (ACT) or the Childhood Asthma Control Test (C-ACT) (moderate-certainty evidence). Vitamin D did not increase the numbers of withdrawals from the study or serious adverse reactions from any cause. No trials reported a fatal asthma event (low-certainty evidence).

Cochrane Clinical Answers (CCAs)

- Clinical summaries on a **question-and-answer** format from Cochrane Reviews
- Provide the **evidence at hand** on key outcomes
- Make the information a clinician will be most interested in **more accessible**
- Aim is to use information from Cochrane Reviews to **inform healthcare decisions**
 - Distils the 50+ pages of a Cochrane review into 1-3 pages with interactive, hierarchical display allowing multiple levels of entry
 - Brings together key data dispersed in Cochrane Library Review:
 - Population
 - Intervention
 - Comparison
 - Outcome summary
 - Quality of the evidence (Summary of findings/Risk of bias)

2 Databases by McMaster Health Forum's repositories

- **Health Systems Evidence** is a continuously updated repository of syntheses of research evidence about governance, financial and delivery arrangements within health systems, and about implementation strategies that can support change in health systems.
- **Social Systems Evidence** is the world's most comprehensive, continuously updated repository of syntheses of research evidence about the programs, services and products available in a broad range of government sectors and program areas (e.g., economic development, education, environmental conservation, housing,...) as well as the governance and the implementation strategies that ensure that these get to those who need them.

Special Collections

- Special Collections are curated content collections of systematic reviews on a specific healthcare topic.
- They make it easy for users to find evidence on a subject of interest. For example, Stopping Tobacco Use or Physical Activity for Healthy Aging.
- These appear in the search results and are linked as related content to the reviews included in the collection.

The screenshot shows the Cochrane Library search results page. The header includes the Cochrane Library logo, the tagline "Trusted evidence. Informed decisions. Better health.", and navigation links for "English", "Sign In", and "All Text". A search bar is present with a "Browse" button and an "Advanced search" link. Below the header, there are navigation tabs for "Cochrane Reviews", "Trials", "Clinical Answers", "About", and "Help". A secondary navigation bar shows counts for various content types: "Cochrane Reviews 8687", "Cochrane Protocols 2405", "Trials 1805152", "Editorials 140", "Special Collections 44", and "Clinical Answers 3071".

The main content area is titled "44 Special Collections matching * in All Text". It features a "Filter your results" sidebar on the left with sections for "Date", "Custom Range", "Access to Reviews", and "Topic". The "Date" section includes filters for "Last updated date" (The last 3 months, 6, The last 6 months, 13, The last 9 months, 17, The last year, 17, The last 2 years, 21) and a "Custom Range" input field. The "Access to Reviews" section includes "Free access to reviews" (8) and "Evidence Aid - Free access to reviews" (4). The "Topic" section includes "Infectious disease" (17), "Public health" (14), "Lungs & airways" (13), "Global health" (12), "Child health" (8), "Mental health" (7), and "Tobacco, drugs & alcohol" (7). A "Show 31 more" link is at the bottom of the sidebar.

The main results area shows a list of 5 items, each with a thumbnail image, a title, and a "Show preview" link with a date. The items are:

1. De-implementation of low-value health care: resource prioritization in the COVID-19 pandemic era
[Show preview](#) 22 September 2021
2. Coronavirus (COVID-19): infection control and prevention measures
[Show preview](#) 15 September 2021
3. Coronavirus (COVID-19): evidence relevant to critical care
[Show preview](#) 8 September 2021
4. Stillbirth prevention and respectful bereavement care
[Show preview](#) 8 September 2021
5. Coronavirus (COVID-19): remote care through telehealth
[Show preview](#) 29 July 2021

What's in the Cochrane Library

- Cochrane Database of Systematic Reviews
- Central Register of Controlled Trials (CENTRAL)
- Cochrane Clinical Answers
- Editorials
- Special Collections
- Health Systems Evidence (HSE) and Social Systems Evidence (SSE) created by McMaster's University


All content accessible through a single search

Benefits of the Cochrane Library

How can the Cochrane Library help?

-  **Conflicting evidence from single studies**
-  **Evolving Conclusions as new discoveries are made**
-  **The credibility of sources is uncertain**
-  **Overwhelming Volume of Research**



-  **Cochrane Reviews address the balance of evidence**
-  **Cochrane Reviews are updated to incorporate new evidence**
-  **Cochrane's methods transparently rate and publish the quality of evidence, including the risk of bias**
-  **Cochrane Reviews consolidate all credible evidence on a topic into one reliable summary**

Who uses the Cochrane Library?



Policy Makers

- Use the latest evidence to support decision making and inform new guidelines and best practice



Healthcare Professionals

- Improve clinical outcomes
- Make treatment decisions based on the latest evidence
- Educate the next generation of healthcare professionals



Medical Researchers and Librarians

- Validate research hypotheses and determine the novelty of ideas
- Identify knowledge gaps that their research could address



General Public

- Debunk myths and make informed healthcare decisions
- Research and understand healthcare and treatment options

Advantages for healthcare professionals

- **A trusted resource** used by medical professionals and policy makers around the world
- **Integrated PICO search** allows you to find evidence filtered by Population, Intervention, Comparison and Outcome.
- **Save time** with reliable summaries of credible evidence
- **Regularly updated** so you can base treatment decisions on the most up-to-date evidence
- **Cochrane Clinical Answers** are actionable and help inform point-of-care decision-making
- **Plain language summaries** make it easy for your patients to understand the evidence supporting their treatment decisions
- **24/7 access** online, on your phone, device or through your library
- **Online training hub** including resources and live sessions throughout the year.

Cochrane Library: Key Features

Results grouped by tabs

Cochrane Reviews 297 Cochrane Protocols 20 Trials 32907 Editorials 4 Special Collections 0 Clinical Answers 79 More ▾

297 Cochrane Reviews matching **asthma in Title Abstract Keyword**

Cochrane Database of Systematic Reviews
Issue 12 of 12, December 2021

Select all (297) Export selected citation(s) [Show all previews](#)

Order by **Relevancy** ▾ Results per page **25** ▾

- Yoga for **asthma****
Zu-Yao Yang, Hui-Bin Zhong, Chen Mao, Jin-Qiu Yuan, Yafang Huang, Xin-Yin Wu, Yuan-Mei Gao, Jin-Ling Tang
Intervention Review 27 April 2016 Free access
[Show PICOs](#) ▾ [Show preview](#) ▾
- Omalizumab for **asthma** in adults and children**
Rebecca Normansell, Samantha Walker, Stephen J Milan, E. Haydn Walters, Parameswaran Nair
Intervention Review 13 January 2014 New search Conclusions changed Free access
[Show PICOs](#) ▾ [Show preview](#) ▾
- Family therapy for **asthma** in children**
Janelle Yorke, Caroline Shuldham
Intervention Review 20 April 2005
[Show PICOs](#) ▾ [Show preview](#) ▾

Use filters to find relevant results

The screenshot shows the search results for 'asthma' in the Cochrane Database of Systematic Reviews. The left sidebar contains filter options for Date, Status, Language, Type, and Topics. The main content area displays a list of 5 results, each with a checkbox, title, authors, and publication details. The first result is 'Yoga for asthma' by Zu-Yao Yang et al., published in 2016. The second is 'Omalizumab for asthma in adults and children' by Rebecca Normansell et al., published in 2014. The third is 'Family therapy for asthma in children' by Janelle Yorke and Caroline Shuldham, published in 2005. The fourth is 'Shared decision-making for people with asthma' by Kayleigh M Kew et al., published in 2017. The fifth is 'Breathing exercises for adults with asthma' by Thayla A Santino et al., published in 2020. The abstract for the fifth result is visible, describing breathing exercises as a non-pharmacological therapy for asthma.

Filter your results

Date ⓘ

Publication date

- The last 3 months 4
- The last 6 months 9
- The last 9 months 14
- The last year 18
- The last 2 years 27

Custom Range:

dd/mm/yyyy to dd/mm/yyyy

Apply **Clear**

Status ⓘ

- New search 75
- Conclusions changed 22

Language ⓘ

- Español 291

Show 14 more ▾

Type ⓘ

- Intervention 292
- Overview 4
- Prototype 1

Topics ⓘ

- + Lungs & airways 249
- + Child health 206

Cochrane Reviews 297 | **Cochrane Protocols** 20 | **Trials** 32907 | **Editorials** 4 | **Special Collections** 0 | **Clinical Answers** 79 | **More** ▾

297 Cochrane Reviews matching asthma in Title Abstract Keyword

Cochrane Database of Systematic Reviews
Issue 12 of 12, December 2021

Select all (297) Export selected citation(s) [Show all previews](#)

Order by **Relevancy** ▾ Results per page **25** ▾

- Yoga for asthma**
Zu-Yao Yang, Hui-Bin Zhong, Chen Mao, Jin-Qiu Yuan, Yafang Huang, Xin-Yin Wu, Yuan-Mei Gao, Jin-Ling Tang
Intervention Review 27 April 2016 Free access
[Show PICO](#) ▾ [Show preview](#) ▾
- Omalizumab for asthma in adults and children**
Rebecca Normansell, Samantha Walker, Stephen J Milan, E. Haydn Walters, Parameswaran Nair
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[Show PICO](#) ▾ [Show preview](#) ▾
- Family therapy for asthma in children**
Janelle Yorke, Caroline Shuldham
Intervention Review 20 April 2005
[Show PICO](#) ▾ [Show preview](#) ▾
- Shared decision-making for people with asthma**
Kayleigh M Kew, Poonam Malik, Krishnan Aniruddhan, Rebecca Normansell
Intervention Review 3 October 2017 Free access
[Show PICO](#) ▾ [Show preview](#) ▾
- Breathing exercises for adults with asthma**
Thayla A Santino, Gabriela SS Chaves, Diana A Freitas, Guilherme AF Fregonezi, Karla MPP Mendonça
Intervention Review 25 March 2020 New search Conclusions changed Free access
[Show PICO](#) ▾ [Hide preview](#) ▾
Abstract - Background
Breathing exercises have been widely used worldwide as a non-pharmacological therapy to treat people with asthma. Breathing exercises aim to control the symptoms of asthma and can be performed as the Papworth Method, the Buteyko breathing technique, yogic breathing, deep diaphragmatic breathing or a...

Filters specific for Cochrane Reviews

Date 
Publication date
The last 3 months 13
The last 6 months 21
The last 9 months 30
The last year 47
The last 2 years 110
Custom Range:
<input type="text" value="dd/mm/yyyy"/> to <input type="text" value="dd/mm/yyyy"/>

Date article was published online or added to the Cochrane Library

Status 
New search 2086
Conclusions changed 491

Status: Filters by events that have affected the review

Type 
Intervention 7422
Diagnostic 95
Overview 44
Methodology 36
Qualitative 4

Type: Used to identify the type of question addressed by the review

Filters for Cochrane Reviews

Language	
Français	307
Español	241
Русский	183
Hrvatski	179
தமிழ்	116
Bahasa Malaysia	114
Deutsch	110
日本語	86
Polski	58
Português	52

Language: Identifies when translations for content are available

Topics	
+ Child health	151
+ Pregnancy & childbirth	89
+ Lungs & airways	75
+ Neurology	70
+ Infectious disease	63
+ Heart & circulation	61
+ Complementary & alternative medicine	48

Show 26 more ▾

Topic: Limit results based on Cochrane supplied topics

CENTRAL-specific filters

Date ⓘ

Date added to CENTRAL trials database

The last 3 months	300
The last 6 months	915
The last 9 months	1257
The last year	1659
The last 2 years	5797

Custom Range:

to

Date added to
CENTRAL database

Year ⓘ

Year first published

2018	2
2017	17
2016	8
2015	9
2014	12

Custom Range:

to

Publication year
limit

Source ⓘ

Embase	36857
PubMed	34190
CT.gov	13929
ICTRP	11588
CINAHL	775

Limits to articles
sourced from
PubMed, Embase,
CT or WHO ICTRP

PICO terms

PICO terms now display in search results pages from all standard Cochrane searches

- Use “View PICOs” to view PICO terms in search results
- Use PICO terms in results to quickly identify patient populations and interventions you are interested in

Show PICOs on your search results page. Faster to read than an abstract!

1 **Yoga for asthma**
Zu-Yao Yang, Hui-Bin Zhong, Chen Mao, Jin-Qiu Yuan, Yafang Huang, Xin-Yin Wu, Yuan-Mei Gao, Jin-Ling Tang
Intervention Review 27 April 2016 Free access
[Hide PICOs](#) [Hide preview](#)

Population (4) Adult ↗ Aged (65+) ↗ Child ↗ Asthma ↗	Intervention (1) Yoga ↗	Comparison (2) Usual Care ↗ Sham Intervention ↗	Outcome (7) Asthma Finding ↗ Asthma Control ↗ FEV1 ↗ Quality of Life ↗ Adverse Event ↗ Medication Dose Decre... ↗ Asthma Quality of Life ... ↗
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PICO search

Search Cochrane Reviews by
Population Intervention Comparison Outcome
....to find reviews that precisely match your research or clinical questions

The screenshot shows the Cochrane Library website's Advanced Search page. At the top, the Cochrane Library logo and tagline "Trusted evidence. Informed decisions. Better health." are visible. Below the logo is a navigation bar with links for "Cochrane Reviews", "Trials", "Clinical Answers", "About", and "Help". A dark blue bar contains "About Cochrane".

The main section is titled "Advanced Search" and features four tabs: "Search", "Search manager", "Medical terms (MeSH)", and "PICO search". A callout box labeled "1. Select the PICO search tab" points to the "PICO search" tab.

Below the tabs, there is a search input field with the text "Enter a search term and select a PICO vocabulary term from the dropdown". The input field contains the word "Asthma". A callout box labeled "2. Enter a search term and select from the dropdown" points to the "Asthma" text in the input field. Below the input field is a dropdown menu with the following options: "Asthma", "Mild Asthma", "Asthma Management", "Acute Asthma", "Seasonal Asthma", "Occupational Asthma", and "Allergic Asthma".

To the right of the input field is a "Lookup" dropdown menu. A callout box labeled "3. Choose your PICO context" points to this menu. Below the "Lookup" menu are two radio buttons: "Population" (selected) and "Outcome".

At the bottom right of the search area are three buttons: "Clear All", "Run search", and "About". A "? Search help" link is also present.

PICO search

PICO search Results

- PICO based filters
- View PICO terms in results to quickly identify relevant articles

Use PICO filters to refine searches

Filter your results

Population

Condition

Asthma.....	168
Acute Asthma.....	32
Emergency Care.....	16
Exercise-induced Asthma.....	7
Hospitalization.....	5
Chronic Obstructive Pulmonary Disease...	5
Hospital discharge.....	3
Allergic Conjunctivitis.....	3
Wheezing.....	3
Allergic Rhinitis.....	3

Show all

Cochrane Reviews
206

206 results matching '**Population "Asthma"**

08, December 2021

Select all (206) Export selected citation(s) Show all PICOs

Order By

1 **Yoga for asthma**

HidePICOs ▲ 27 April 2016

Population (4)

- Adult ☑
- Aged (65+) ☑
- Child ☑
- Asthma ☑

Intervention (1)

- Yoga ☑

Comparison (2)

- Usual Care ☑
- Sham Intervention ☑

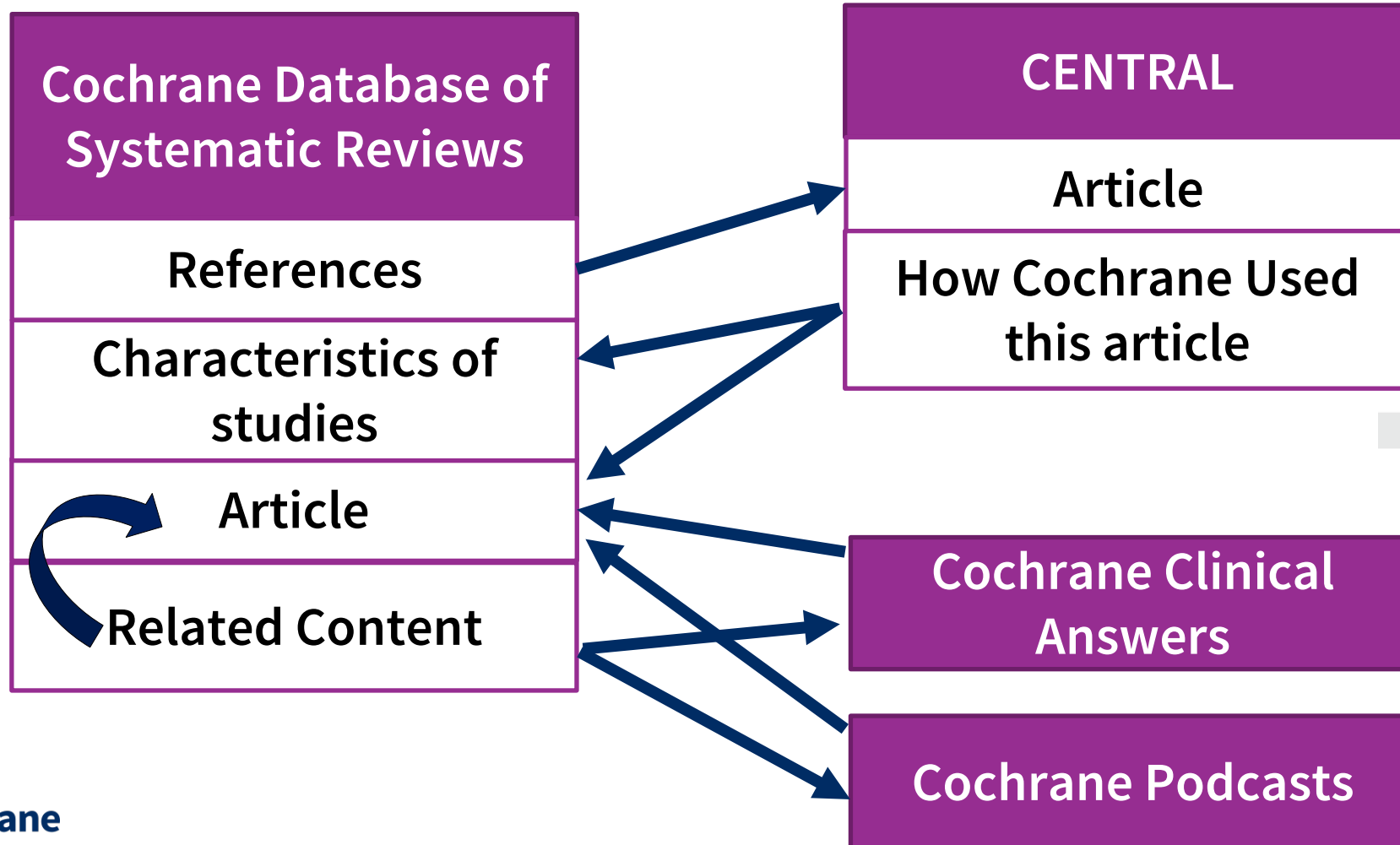
Outcome (7)

- Asthma Finding ☑
- Asthma Control ☑
- FEV1 ☑
- Quality of Life ☑
- Adverse Event ☑
- Medication Dose Decr... ☑
- Asthma Quality of Life... ☑

Display PICO terms in results

Results per page

Many New Links between content



Objectives

To assess the effects of Ayurvedic treatments for **diabetes** mellitus.

Search methods

We searched *The Cochrane Library* (issue 10, 2011), MEDLINE (until 31 August 2011), EMBASE (until 31 August 2011), AMED (until 14 October 2011), the database of randomised trials from South Asia (until 14 October 2011), the database of the grey literature (OpenSige, until 14 October 2011) and databases of ongoing trials (until 14 October 2011). In addition we performed hand searches of several journals and reference lists of potentially relevant trials.

Selection criteria

We included randomized trials of at least two months duration of Ayurvedic interventions for **diabetes** mellitus. Participants of both genders, all ages and any type of **diabetes** were included irrespective of duration of **diabetes**, antidiabetic treatment, comorbidity or **diabetes** related complications.

Data collection and analysis

Two authors independently extracted data. Risk of bias of trials was evaluated as indicated in the *Cochrane Handbook for Systematic Reviews of Intervention*.

Main results

Download PDF

Cite this Review

Print Comment Share Follow

Am score 327

Used in 2 guidelines

Contents

- Abstract
- Plain language summary
- Authors' conclusions
- Summary of findings
- Background
- Objectives
- Methods
- Results
- Discussion
- Appendices
- Figures and tables
- References
- Characteristics of studies
- Data and analyses
- Download statistical data

Related

- Cochrane Clinical Answers(1)
- Editorials
- Podcasts
- Special Collections(1)

About this Review

- Information
- Authors
- Version history
- Keywords
- Related content
- Translation notes
- Request permissions

Interventions for preventing falls in older people living in the community

Lesley D Gillespie, M Clare Robertson, William J Gillespie, Catherine Sherrington, Simon Gates, Lindy Clemson, Sarah E Lamb Authors' declarations of interest

Version published: 12 September 2012 Version history
<https://doi.org/10.1002/14651858.CD007146.pub3>

Related content

Jump to: [Related reviews and protocols](#) | [Podcasts](#) | [Editorials](#) | [Special Collections](#) | [Guidelines](#) | [Topics](#)

Related reviews and protocols

Interventions for preventing falls in elderly people

Lesley D Gillespie, William J Gillespie, M Clare Robertson, Sarah E Lamb, Robert G Cumming, Brian H Rowe | **15 April 2009**

Multifactorial and multiple component interventions for preventing falls in older people living in the community

Sally Hopewell, Olubusola Adedire, Bethan J Copsley, Graham J Boniface, Catherine Sherrington, Lindy Clemson, Jacqueline CT Close, Sarah E Lamb | **23 July 2018**

[View more](#)

Related Podcast

Interventions for preventing falls in older people living in the community

Editorials

Preventing falls in older people: the story of a Cochrane Review

Lesley Gillespie | **28 February 2013**

Special Collections

Preventing falls and fall-related injuries in older people

17 October 2018

Guidelines

Download PDF

Cite this Review

Print Comment Share Follow

Used in 51 guidelines

Contents

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Guidelines linked in two places

Systematic Review
LINKED CONTENT

Related Content links to Reviews, Protocols, Podcasts, Editorials, Collections, Cochrane Clinical Answers, related Cochrane reviews

CENTRAL Article LINKED CONTENT

Cochrane Central Register of Controlled Trials

Controlled trial of antimycobacterial therapy in Crohn's disease. Clofazimine versus placebo

PubMed


Digestive diseases and sciences, 1991, 36(4), 449-453 | added to CENTRAL: 18 January 2012

Afdhal NH, Long A, Lennon J, Crowe J, O'Donoghue DP

Links: [PubMed](#)

Abstract

In order to study the effect of clofazimine, a powerful antimycobacterial and antiinflammatory agent, 49 patients with active Crohn's disease were randomized to either corticosteroids plus clofazimine 100 mg daily (N = 25) or to steroids and matching placebo (N = 24). A total of 28 patients (58%) went into disease remission (clofazimine 16, placebo 12; P = NS) with a fall in disease activity score from 10.5 +/- 4.4 to 3.3 +/- 3.5. Patients were treated for a further eight months with clofazimine or placebo and 18 of 28 maintained their remission and completed the study (clofazimine 12, placebo 6; P = NS). Side effects were minor and consisted of skin rash and increased pigmentation. Clofazimine as a solitary antimycobacterial agent appears ineffective in inducing remission in Crohn's disease but may have a role in either disease maintenance or combination chemotherapy.

 Export this CENTRAL record


Print



Share


Email

Abstract

Information

Keywords

 Related content

See how a CENTRAL article was used in specific Cochrane Reviews

Anti-tuberculous therapy for maintenance of remission in Crohn's disease

Cochrane Systematic Review - Intervention | Version published: 22 July 2016 [see what's new](#)

[New search](#)

[Conclusions changed](#)



[View article information](#)

[Petrease H Patton](#) | [Claire E Parker](#) | [John K MacDonald](#) | [✉ Nilesh Chande](#)

[View authors' declarations of interest](#)

Abstract *available in* [English](#) | [Español](#)

Background

There have been a number of studies with conflicting results which have examined the effect of anti-tuberculous therapy in Crohn's disease. A meta-analysis was performed to evaluate the use of anti-tuberculous therapy for the maintenance of remission in Crohn's disease.

Objectives

To evaluate the effects of anti-tuberculous therapy for the maintenance of remission in patients with Crohn's disease.

Select the title to link to the Cochrane Systematic Review the CENTRAL article was used in.

Navigation: Collapse or Expand All

Multifactorial and multiple component interventions for preventing falls in older people living in the community

✉ Sally Hopewell, Olubusola Adedire, Bethan J Copsey, Graham J Boniface, Catherine Sherrington, Lindy Clemson, Jacqueline CT Close, Sarah E Lamb Authors' declarations of interest

Version published: 23 July 2018 [Version history](#)

<https://doi.org/10.1002/14651858.CD012221.pub2>

Abstract

Available in [English](#) | [Deutsch](#) | [Español](#) | [فارسی](#) | [Français](#)

Plain language summary

Available in [English](#) | [Deutsch](#) | [Español](#) | [فارسی](#) | [Français](#) | [Русский](#)

Authors' conclusions

Available in [English](#) | [Español](#)

Summary of findings

Background

Available in [English](#) | [Español](#)

Objectives

Available in [English](#) | [Español](#)

Methods

Available in [English](#) | [Español](#)

[Collapse all](#) [Expand all](#)

Collapsible sections allows users to

- Quickly navigate large reviews
- Easily identify content with translations
- Improves experience on mobile devices



Improved navigation on mobile devices

Email Alerts

Browse by Topic

Browse by Cochrane Review Group

Browse by Topic

Browse the Cochrane Reviews, Protocols and Clinical Answers.

[Set email alerts](#)

a

Allergy & intolerance

b

Blood disorders

c

Cancer

Child health

Complementary & alternative medicine

Consumer & communication strategies

d

Dentistry & oral health

Developmental, psychosocial & learning problems

Diagnosis

g

Gastroenterology & hepatology

Genetic disorders

Gynaecology

h

Health & safety at work

Health professional education

Heart & circulation

i

Infectious disease

Insurance medicine

k

Kidney disease

l

n

Neonatal care

Neurology

o

Orthopaedics & trauma

p

Pain & anaesthesia

Pregnancy & childbirth

Public health

r

Rheumatology

s

Skin disorders

t

Use Cochrane assigned topics to create alerts to monitor when new Cochrane Systematic Reviews on that topic are published

Email Alerts

Set weekly email alerts

Sign up for weekly email alerts for selected topics

Cancel

Save changes


✉ You have not signed up for any weekly email alerts yet. You can select topics below, then save your changes.

a	g	n
<input type="checkbox"/> Allergy & intolerance (0/11) ▼	<input checked="" type="checkbox"/> Gastroenterology & hepatology (0/28) ▼	<input type="checkbox"/> Neonatal care (0/34) ▼
b	<input type="checkbox"/> Genetic disorders (0/10) ▼	<input type="checkbox"/> Neurology (0/23) ▼
<input type="checkbox"/> Blood disorders (0/8) ▼	<input type="checkbox"/> Gynaecology (0/14) ▼	o
c	h	<input type="checkbox"/> Orthopaedics & trauma (0/25) ▼
<input type="checkbox"/> Cancer (0/26) ▼	<input type="checkbox"/> Health & safety at work (0/5) ▼	p
<input type="checkbox"/> Child health (0/31) ▼	<input type="checkbox"/> Health professional education (0/2) ▼	<input type="checkbox"/> Pain & anaesthesia (0/10) ▼
<input type="checkbox"/> Complementary & alternative medicine (0/28) ▼	<input type="checkbox"/> Heart & circulation (0/32) ▼	<input type="checkbox"/> Pregnancy & childbirth (0/31) ▼
<input type="checkbox"/> Consumer & communication strategies (0/8) ▼	i	<input type="checkbox"/> Public health (0/13) ▼
d	<input type="checkbox"/> Infectious disease (0/21) ▼	r
<input type="checkbox"/> Dentistry & oral health (0/26) ▼	<input type="checkbox"/> Insurance medicine (0/6) ▼	<input type="checkbox"/> Rheumatology (0/16) ▼
<input type="checkbox"/> Developmental, psychosocial & learning problems (0/4) ▼	k	s

Select as many fields as needed by checking the boxes

Email Alerts

Sign up for weekly email alerts for selected topics

 You have not signed up for any weekly email alerts yet. You can select topics below, then save your changes.

- | | | | |
|----------|--|--|--|
| a | <input checked="" type="checkbox"/> Allergy & intolerance (11/11) ▼ | g | <input type="checkbox"/> Gastroenterology & hepatology (0/28) ▼ |
| b | <input checked="" type="checkbox"/> Blood disorders (8/8) ▼ | <input checked="" type="checkbox"/> Genetic disorders (3/10) ▲ | <input checked="" type="checkbox"/> Alpha-1 antitrypsin deficiency |
| c | <input checked="" type="checkbox"/> Cancer (26/26) ▼ | <input type="checkbox"/> Chromosome abnormalities | <input checked="" type="checkbox"/> Congenital heart disease |
| | <input type="checkbox"/> Child health (0/31) ▼ | <input type="checkbox"/> Cystic fibrosis | <input checked="" type="checkbox"/> Haemophilia & other coagulopathy |
| | <input type="checkbox"/> Complementary & alternative medicine (0/28) ▼ | <input type="checkbox"/> Hereditary ataxia | <input type="checkbox"/> Inborn errors of metabolism |
| | <input type="checkbox"/> Consumer & communication strategies (0/8) ▼ | <input type="checkbox"/> Other genetic disorders | <input type="checkbox"/> Sickle cell disease |
| d | <input type="checkbox"/> Dentistry & oral health (0/26) ▼ | <input type="checkbox"/> Thalassaemia | <input type="checkbox"/> Gynaecology (0/14) ▼ |
| | <input type="checkbox"/> Developmental, psychosocial & learning problems (0/4) ▼ | h | <input checked="" type="checkbox"/> Health & safety at work (5/5) ▼ |
| | <input type="checkbox"/> Diagnosis (0/1) ▼ | | |

Ability to select topics and subtopics by clicking the arrow

Following Reviews

Cochrane Database of Systematic Reviews | Review - Intervention

Interventions for preventing falls in older people living in the community

✉ Lesley D Gillespie, M Clare Robertson, William J Gillespie, Catherine Sherrington, Simon Gates, Lindy Clemson, Sarah E Lamb Authors' declarations of interest

Version published: 12 September 2012 [Version history](#)

<https://doi.org/10.1002/14651858.CD007146.pub3>

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Abstract

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Background

Approximately 30% of people over 65 years of age living in the community fall each year. This is an update of a Cochrane review first published in 2009.

Set up an alert to notify you when a specific systematic review is updated

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Am score 337 Used in 51 guidelines

Contents

- Abstract
- Plain language summary
- Authors' conclusions
- Background
- Objectives
- Methods
- Results
- Discussion

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Better health.

Using the Cochrane Library: Live Demo



Getting help

The screenshot shows the Cochrane Library website interface. At the top, there is a navigation bar with the Cochrane Library logo and tagline "Trusted evidence. Informed decisions. Better health." on the left. On the right, it says "Access provided by: John Wiley and Sons, Inc." followed by language and sign-in options. Below this is a search bar with "Title Abstract Keyword" and a search icon, and buttons for "Browse" and "Advanced search". A purple navigation bar contains links for "Cochrane Reviews", "Trials", "Clinical Answers", "About", and "Help", with the "Help" link highlighted by a pink box. The main content area features several featured articles with images and titles: "Can exercise prevent falls in older people in the community?", "Preventing falls and injuries in older people", "Buruli ulcer treatment", and "Interventions for treating urinary incontinence after stroke in adults". Below these are tabs for "Highlighted Reviews", "Editorials", and "Special Collections".

A vertical purple menu with white text and icons, listing various help topics. The items are: "Help" (with a dropdown arrow), "Cochrane Library Training" (with an external link icon), "Access options", "Permissions and reprints", "Media information", "Contact us", "Terms and conditions", and "Known issues" (with an external link icon).



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10 August 2021 | 4PM JST



Introduction to the Cochrane Library

30 July 2021 | 9AM EST



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Cochrane Library User Guide

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How to Get Started with PICO Search

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