

Presentation 9 – Lea Steele

**Research on Health Effects of DU in
Relation to Gulf War Veterans' Illnesses**

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Meeting of the Research Advisory Committee
on Gulf War Veterans' Illnesses
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DU in Relation to Gulf War Veterans Illnesses

- Summary of findings of major DU reports
- Unanswered questions re: DU and the health of Gulf War veterans
- Epidemiologic research on DU and the health of Gulf War veterans
- Brief review of relevant DU research previously presented to RAC

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Major Reports on the Health Effects of DU

- RAND (1999)
- IOM (2000)
- Royal Society (UK, 2002)
- USACHPPM

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**Major Reports on the Health Effects of DU:
Summary of General Conclusions**

- Chemical (heavy metal) toxicity of greater concern than radiological effects of DU
- Concern about increased cancer risk
 - > Minimal concern re: possible increase in overall cancer risk (primarily lung)
 - > Occupational studies of uranium exposures often too small to provide information re: less common cancers
- Concerns about renal toxicity
 - > Transient effects demonstrated, but minimal concern re: longer-term kidney effects except with large exposures (e.g., Gulf veterans with significant amount of embedded shrapnel)
 - > Solubility of uranium affects outcomes in animal studies
- Little research available re: possible damage to other systems and organs (cardiovascular, hematological, respiratory, neurological, immunological, etc)

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**Unanswered Questions re:
 DU and the Health of Gulf War Veterans**

- DU reports have focused on modeled and observed effects of DU exposure on the kidneys, cancer risk
- Reports have not specifically addressed questions re: possible relationship between DU and multisymptom illnesses in Gulf veterans

**Unanswered Questions re:
 DU and the Health of Gulf War Veterans**

- Baltimore VA studies have followed a cohort of 40-60 Gulf veterans with embedded DU shrapnel; focus primarily on renal effects of DU
 - > Little information re: GWI-type problems in this cohort
 - > Cohort too small to determine risk from most types of cancer, other health problems
 - > Route of DU exposure in majority of Gulf War veterans was inhalation, ingestion
- Animal research presented to the RAC indicates:
 - > Embedded DU pellets can be associated with chromosomal, mutagenic, neurological, and immunological changes
 - > Embedded DU pellets result in DU accumulation in different regions of the brain
 - > Nasal penetration of inhaled DU into the brain is enhanced by nasal inflammation

**Unanswered Questions:
 Is DU Associated with Gulf War Illnesses?**

- Biological plausibility of association between GWI and DU?
- Requires information from human and animal studies

Epidemiologic Studies: Association of DU With GWI-related Health Outcomes

Study	Exposure	Outcome	OR
Spencer, 2001 (241 GWI cases, 113 controls)	sr DU exposure	GWI case CMI case	OR = 3.69 (1.54 - 8.8) OR = 4.46 (1.74 - 11.40)
Suardini, 1999 (686 Danish Gulf War vets)	sr DU exposure	3+ neuro- psych symptoms	OR = 2.3 (0.95-5.7)
Australian study (1,456 Australian vets)	sr contact with DU shell casings	functional impairment in prior 2 weeks	OR = 1.1 (0.8-1.6)

**Unanswered Questions:
 Is DU Associated with Gulf War Illnesses?**

Human Studies

- Little epidemiologic information
- Baltimore VA cohort: ongoing longitudinal study of 40-60 Gulf veterans with embedded DU shrapnel
 - > Neurocognitive and hormonal (prolactin and thyroxine) differences in Gulf veterans with elevated urine DU levels
- Additional information on multisymptom illnesses, effects of inhaled DU exposures requires larger studies that compare DU-exposed Gulf veterans to nonexposed

**Unanswered Questions:
 Is DU Associated with Gulf War Illnesses?**

DOD has identified 3 levels of DU exposure in Gulf War veterans

- > Level 1: ~ 150 people with high exposures associated with friendly fire incidents and rescue
- > Level 2: ~ 750 people exposed during cleanup operations following the Doha fire, and cleanup of destroyed U.S. vehicles
- > Level 3: unknown numbers exposed to smoke from Doha fire, burning U.S. and Iraqi tanks, entered DU-contaminated equipment

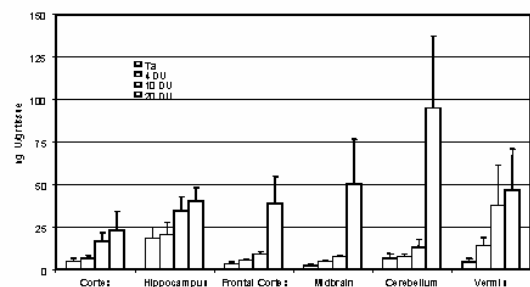
**Unanswered Questions:
 Is DU Associated with Gulf War Illnesses?**

Animal Studies

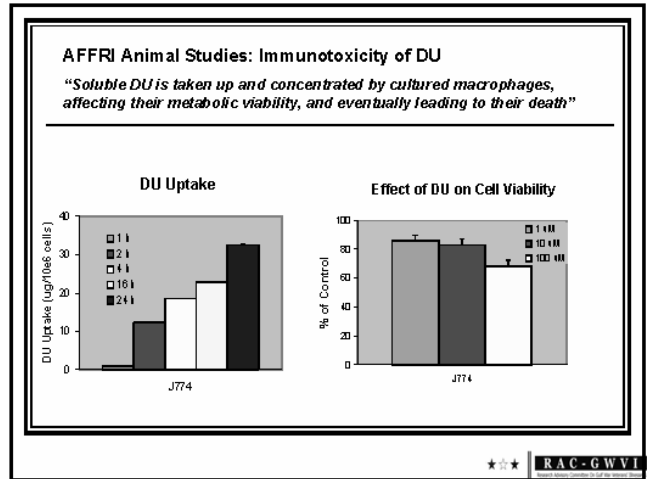
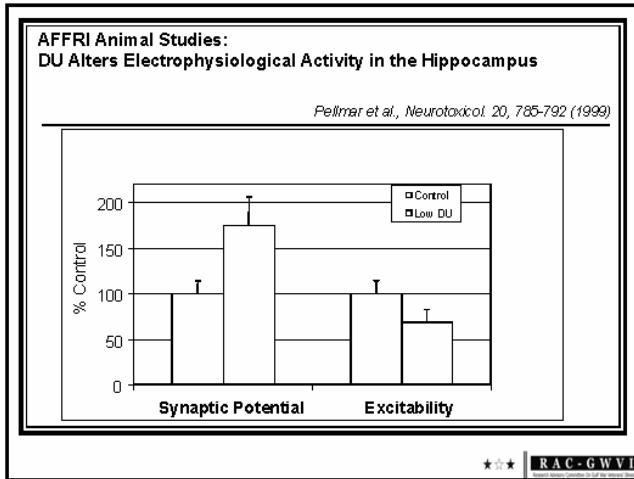
- > Animal studies of neurological, immune/inflammatory, and behavioral effects of DU exposure
- > Studies of DU in combination with other exposures of interest

**AFRRI Animal Studies
 Non-homogeneous distribution of uranium in the brain**

Pellmar et al., Neurotoxicol. 20, 785-792 (1999)



AFRRI studies presented by Dr. Terry Pellmar at Feb, 2004 RAC Meeting



- Inhalation of Uranium Oxides:
Preliminary Results Presented by Dr. Johnnye Lewis**
- **Very Short/High Dose – Tank-Impact scenario**
 - > no detectable CNS uptake regardless of solubility
 - > Solubility-related neuroinflammation
 - > Most soluble forms result in extensive renal deposition and renal toxicity
 - > Females more sensitive to CNS & renal toxicity
 - **Short-term/ Moderate Dose – March-Through Scenario**
 - > Nasal inflammation increases the probability of CNS deposition and transport with low dose inhalation for 6 hr durations
 - **Longer-duration/ Moderate Dose – Clean-Up Scenario**
 - > No uptake observable in animals without inflammation
- Results presented by Dr. Johnnye Lewis at Feb, 2004 RAC Meeting
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- Ongoing Animal DU Studies Potentially Relevant to GWI**
- **AFRRI:** Continuing studies of immunotoxic effects of embedded pellets of DU, tungsten alloys
 - **Lewis (New Mexico):** Continuing studies of neurological effects of inhaled DU
 - **Lasley (Illinois):** Neurochemical effects of chronic DU exposure
 - **Aschner (Wake Forest):** Blood-brain barrier transport of uranium
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**Animal DU Studies Relevant to GWI:
Our speakers**

- Dr. Wayne Briner: Behavioral changes and Brain Lipid Oxidation Following Uranium Exposure
- Dr. David Barber: Neurological and Behavioral Effects Following Coexposure to Uranium and Stress