

Appendix A

Presentation 1 – Robert Haley

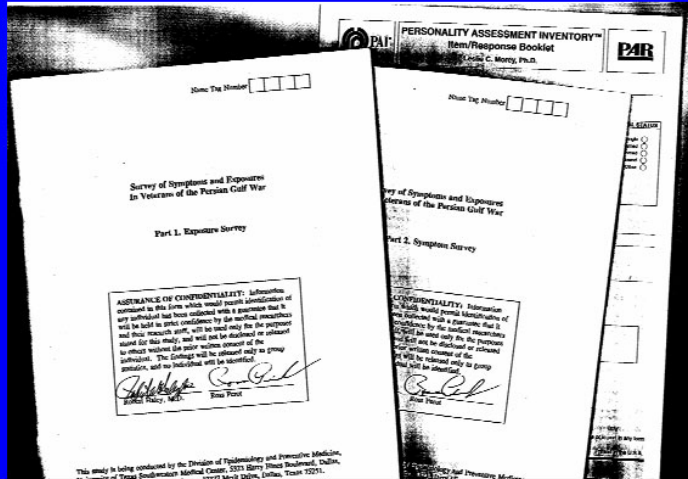


The Epidemiologist's Rule Number 1

*The first step in investigating
a new disease is:
Establish a Case Definition**

*Gregg et al. *Field Epidemiology*. Oxford University Press:1996

**Conducted a Survey in a Reserve Seabees Battalion
 24th Reserve Naval Mobile Construction Battalion*
 December 1994 – February 1995**



**Knoxville
 Birmingham
 Winston-Salem
 Charlotte
 Atlanta**

***Seabees uniquely
 go all over the
 theater, and this
 was the only
 Reserve seabees
 battalion.**

**Haley Symptom
 Questionnaire:
 Example Question
 on Paresthesias**

**2-stage factor analysis
 Symptom factors
 Syndrome factors**

4. In the past 5 years, have you experienced *tingling, burning or stinging pain* in any part of your body *lasting all day and continuing for at least a month?* (Do not count feelings that come and go quickly and are not present continuously.)

CIRCLE ONE

Yes..... 1
 No..... 2

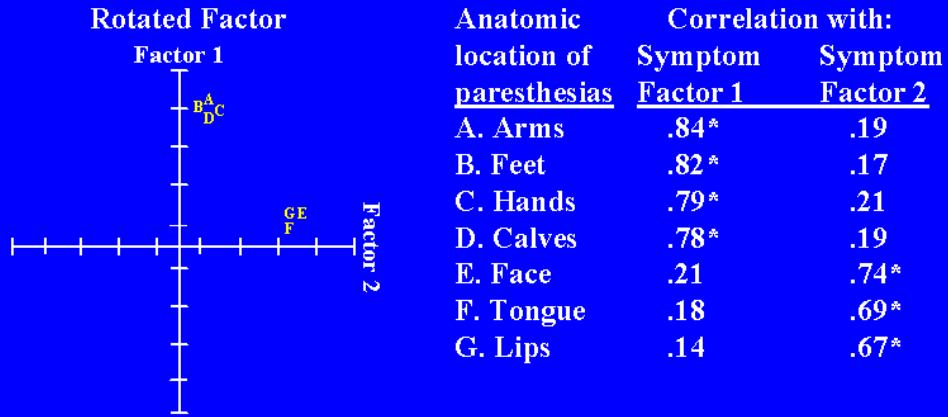
If you answered "Yes," answer Question #4A.
 If you answered "No," skip to Question #5.

4A. Please indicate what part of your body was affected by this pain, in what month and year it began, and whether it is still a problem for you.

	Was this area involved?		If yes, in what month/year did it begin?		Is it still a problem?	
	YES	NO	MONTH	YEAR	YES	NO
Scalp.....	1	2		/		1 2
Face.....	1	2		/		1 2
Lips.....	1	2		/		1 2
Tongue.....	1	2		/		1 2
Chest.....	1	2		/		1 2
BACK.....	1	2		/		1 2
Hands.....	1	2		/		1 2
Arms.....	1	2		/		1 2
Abdomen.....	1	2		/		1 2
Groin.....	1	2		/		1 2
Genital area.....	1	2		/		1 2
Rectal area.....	1	2		/		1 2
Thighs.....	1	2		/		1 2
Calves.....	1	2		/		1 2
Feet.....	1	2		/		1 2
Other.....	1	2		/		1 2

specify _____

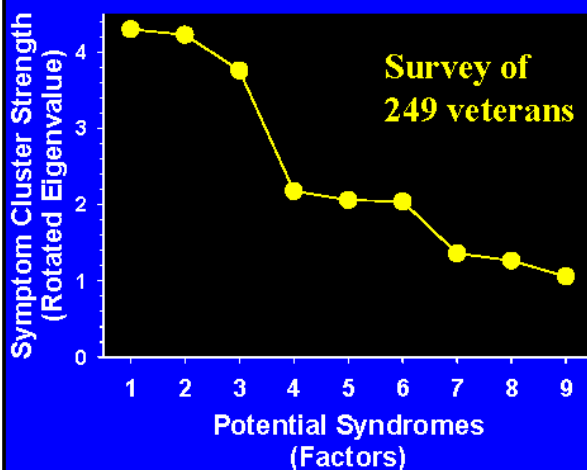
Stage 1 Factor Analysis of 7 Anatomical Sites of Symptom "Tingling/Numbness" (249 veterans)



JAMA 1997;277:215-222.

Separate factor analyses of 21 ambiguous symptoms yielded 52 unambiguous symptom factors.

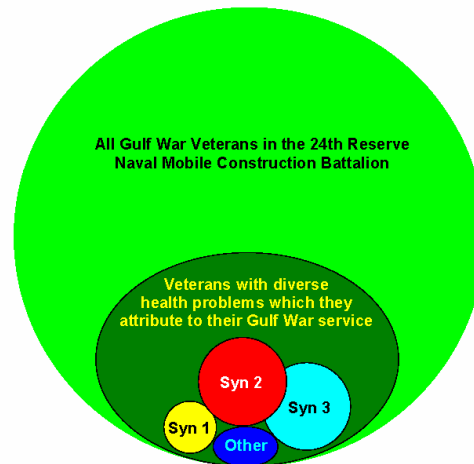
Factor Analysis of 52 Symptom Scales Identifying 6 Possible Gulf War Syndromes



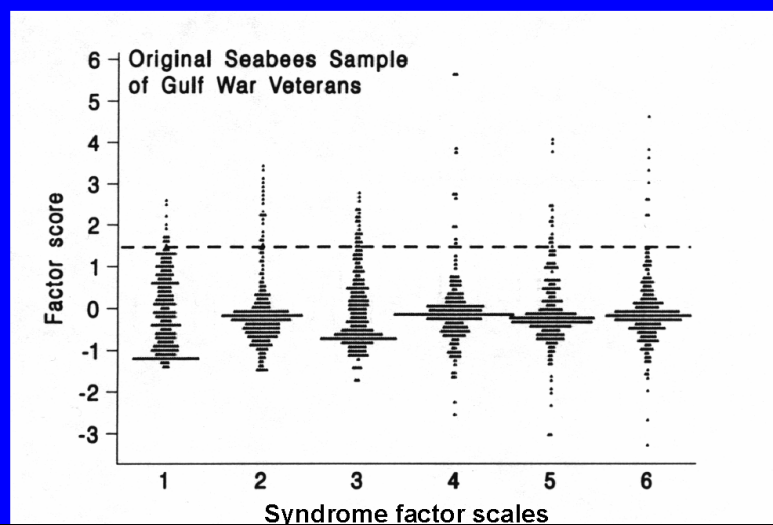
Syndrome	Factor	Description	N
1	1	Impaired Cognition	12
		Confusion-Ataxia	21
2	2	Central Pain	22
3-6	4-6	Subtypes of Syn 2	36
Total syndromic			63
Ill but not syndromic			116
Remained well			70

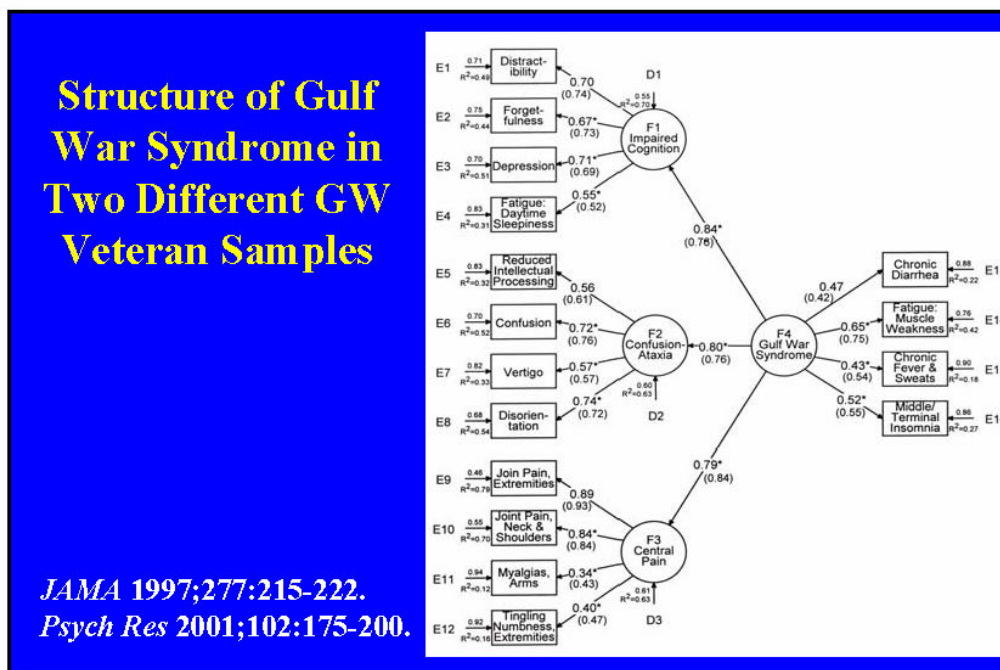
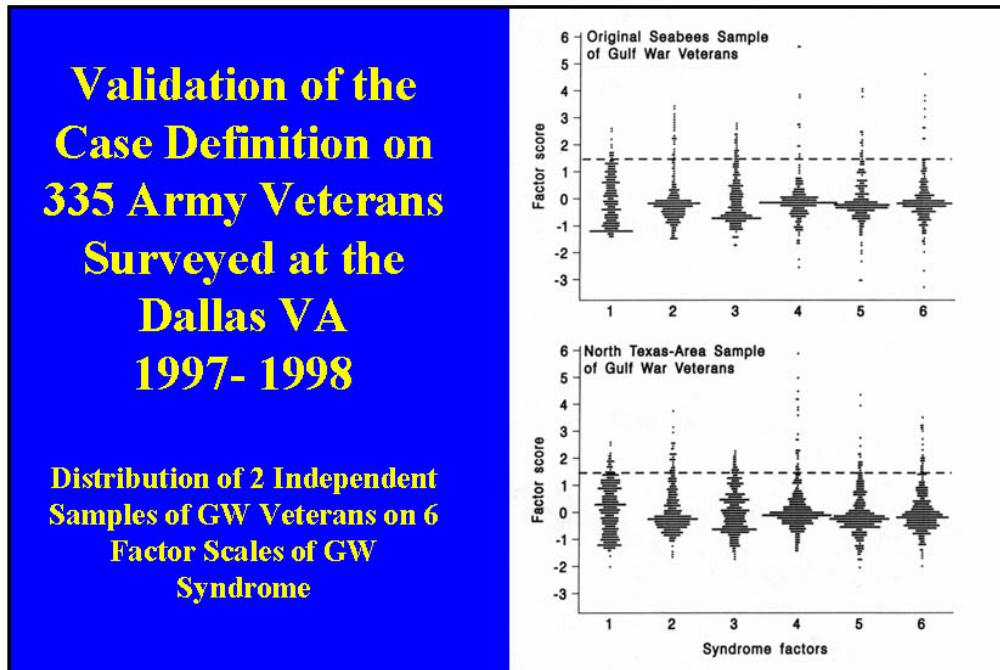
JAMA 1997;277:215-222.

Clinical Subgroups of Gulf War Veterans



Distribution of the 249 Naval Reservists on each of 6 Syndrome Factor Scales





Comparison of Factor Models from Symptom Surveys of Gulf War Veterans

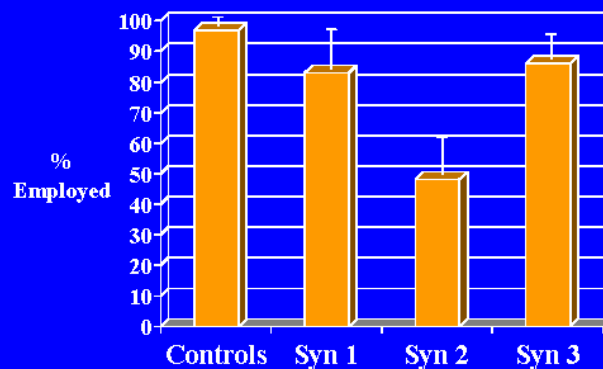
Year	Author	Cognitive	Neurologic	Pain/sensory
1997	Haley	F1	F2	F3
1998	Fukuda	F1	---*	F2
1999	Ismail	F1	---*	F3
2001	Haley	F1	F2	F3
2001	Cherry	F1	F3	F2
2001	Bourdette	F1	F2†	F3
2002	Kang	F1	F2	F3

*Did not measure the symptoms of the neurologic factor.

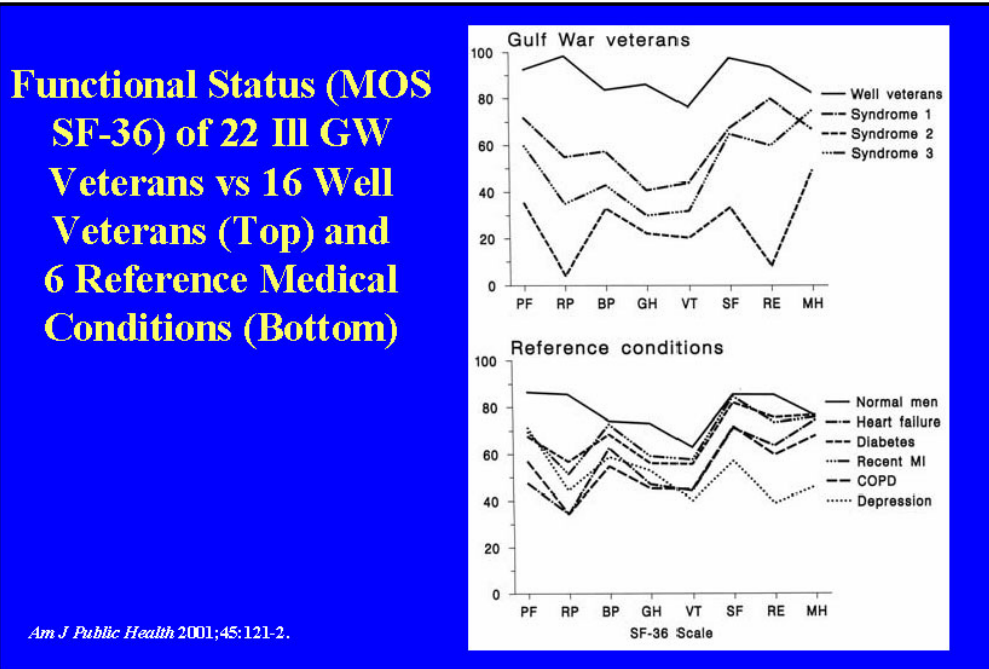
†"Mixed somatic" symptoms included autonomic symptoms.

Knoke (2000) and Doebbeling (2000) measured symptoms of standard psychiatric conditions and thus found none of the syndrome factors found by the other groups.

Comparison of Syndromes On Percentage Employed in 1995 (N=249)



JAMA 1997;277:215-222.



Epidemiologic Study of Risk Factors for Haley Gulf War Syndromes (N=249)

<u>Syndrome</u>	<u>Exposure</u>	<u>RR</u>	<u>P value</u>
1 Impaired cognition	Wore flea collar (chlorpyrifos)	8.2	.001
	Military security	6.4	.007
2 Confusion-ataxia	Chemical nerve agent exposure	7.8	<.0001
	Many advanced side effects of PB	32.4	<.0001
	N.E. Saudi on 4 th day of Air War*	4.3	.004
3 Central pain	Many advanced side effects of PB	5.1	<.0001
	Index of DEET insect repellent use	7.8	<.0001

*Paths crossed near Khafji on Jan. 19-20, 1991.

JAMA 1997;277:215-222.

Hypothesis Regarding The Nature of Gulf War Syndrome

- There is a Gulf War *syndrome* with 3 variants, or subgroups.
- It is due to brain cell damage or destruction in deep brain structures (e.g., basal ganglia and brainstem).
- The symptoms resemble those of well understood diseases of these deep brain structures (early Parkinson's, Huntington's).

Hypothesis Regarding The Cause of Gulf War Syndrome

- The most likely causes include low-level sarin, possibly in combination with OP pesticides, pyridostigmine tablets, pesticides, DEET, etc., caused cellular damage in deep brain structures
- Probably more pronounced in those soldiers with low natural resistance to OP effects (blood esterase activity).

Undertook a Series of Clinical Case-Control Studies

**Purpose: To attempt to validate the
case definition**

**Research Question: Do the syndromes
differ from controls and among
themselves on objective biological
parameters?**

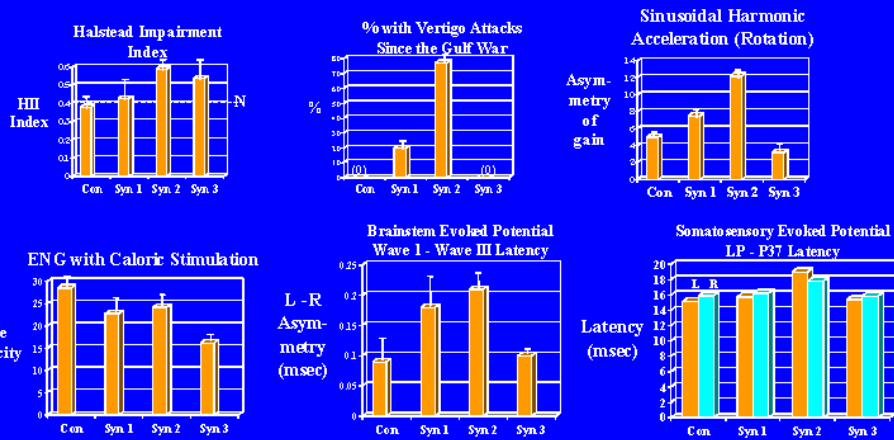
From the 249 Surveyed Veterans Selected Smaller Samples for Case-Control Studies of Brain Function and Serologic Markers

- **23 ill veterans (“cases”)**
 - 5 Syndrome 1
 - 13 Syndrome 2
 - 5 Syndrome 3
- **20 well veterans (“controls”)**
(from the same battalion and
age-sex-education-matched to cases)

Usual Medical Tests Gave Negative Results No Significant Group Differences

- Clinical neurologic examination
- Clinical interpretation of brain MRI and resting HMPAO-SPECT scans (read blindly by 3 radiologists)
- Routine blood work (CBC, chemistries, glucose, ESR)
- Creatine kinase
- Serum protein electrophoresis
- Serum cholinesterase levels and variant phenotypes
- ANA, RF, immunoglobulins, C3/C4
- Anti-double stranded DNA, acetylcholine receptor antibodies

Positive Results On Neurophysiologic Tests



JAMA 1997;277:2223-230.

Jan. 15, 1997 Issue of JAMA

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Original Contributions

Is There a Gulf War Syndrome?

Searching for Syndromes by Factor Analysis of Symptoms

Robert W. Haley, MD; Thomas L. Kurt, MD, MPH; Jim Horn, PhD

Evaluation of Neurologic Function in Gulf War Veterans

A Blinded Case-Control Study

Robert W. Haley, MD; Jim Horn, PhD; Peter S. Roland, MD; Wilson W. Bryan, MD; Paul C. Van Ness, MD;
Frederick J. Bonte, MD; Michael D. Devous, Sr., PhD; Dana Mathews, PhD, MD; James L. Fleckenstein, MD;
Frank H. Wians, Jr., PhD; Gil I. Wolfe, MD; Thomas L. Kurt, MD, MPH

Self-reported Exposure to Neurotoxic Chemical Combinations in the Gulf War

A Cross-sectional Epidemiologic Study

Robert W. Haley, MD; Thomas L. Kurt, MD, MPH

Pilot Study with Col. Bill Davis



U. S. Army Special Forces
Army Ranger
HALO/Scuba

Commander, 5th Special Forces
Group in the 1991 Gulf War
Commanded border salient
Rescued downed fliers
Let Coalition forces in
assault on Kuwait City

Developed Gulf War neurological
illness soon after returning from the
Gulf War.

Col. Bill Davis had a twin!



January-June 1998

Second Clinical Case-Control Study with More Advanced Tests of Brain Function and Genetic Predisposition

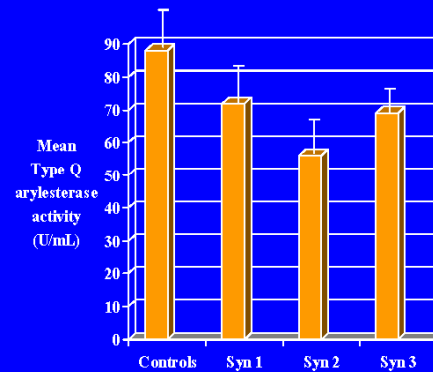
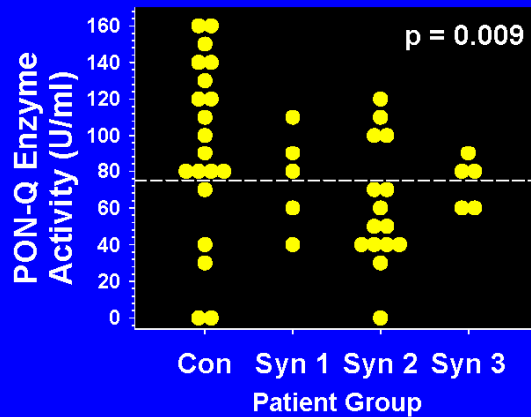
- 23 ill veterans (“cases”)
 - 5 Syndrome 1
 - 13 Syndrome 2
 - 5 Syndrome 3
- 20 well veterans (“controls”)
(from the same battalion and
age-sex-education-matched to cases)

May 29 - June 5 -- Veteran A						Revised 6/1/98		
Time	Friday 29	Saturday 30	Sunday 31	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
6:00		Wake at 6:00 Breakfast 6:30	Wake at 6:00 Breakfast 6:30 Void at 7:00	Wake at 6:00 Breakfast in Sleep Lab Void at 7:00	Wake at 6:00 Breakfast 6:30 Void at 7:00	Wake at 6:00 No Breakfast Void at 7:00	Wake at 6:00 Breakfast 6:30	Wake 6:00 Breakfast 6:30
7:00		Start 1 st urine	Start 1 st urine	Start 2 nd urine	Start 2 nd urine			
8:00	MR Spectroscopy (Rogers)			Waking EEG (A)		Blood Drawing (Aston 5) SEP Neurophys. (PMH 8)		Joint X-Ray (Aston 6)
9:00			Neuro-Psychology	(CS4)			Audio-Hezbollah (Aston 7)	
10:00			Psychiatric Interview (GCRC)			Impropception		
11:00				Neuro-Muscular (Aston 4)	(MPAL) 9705 happy rhines			End 4hBP
12:00	Lunch Tu ES 120	Lunch	Metabolic Wt Liquid Lunch	Pat Brings Lunch	Lunch	Liquid Lunch To ES 120	Lunch	Lunch
1:00	HMPAO Inj							
2:00			Micro-Neurography (GCRC)		Neuro-Psychology (CS4)			Plane 2:10
3:00								
4:00	SPECT (1 st)						SPECT (2 nd)	
5:00					Dinner			
6:00	Dinner	Dinner	Dinner	Cab 5:15	Dinner	Dinner		
7:00			End Holter Monitor	Joint MRI (Rogers)		Start 48 hr BP		
8:00	Plane 8:45pm	Start Holter Monitor	Setup Breakfast to Sleep Lab					
9:00	GCRC	Sleep Lab 1 (A)	Sleep Lab 2 (A)	Sleep Lab 3 (A)	Sleep Lab 4 (A)	GCRC	GCRC	

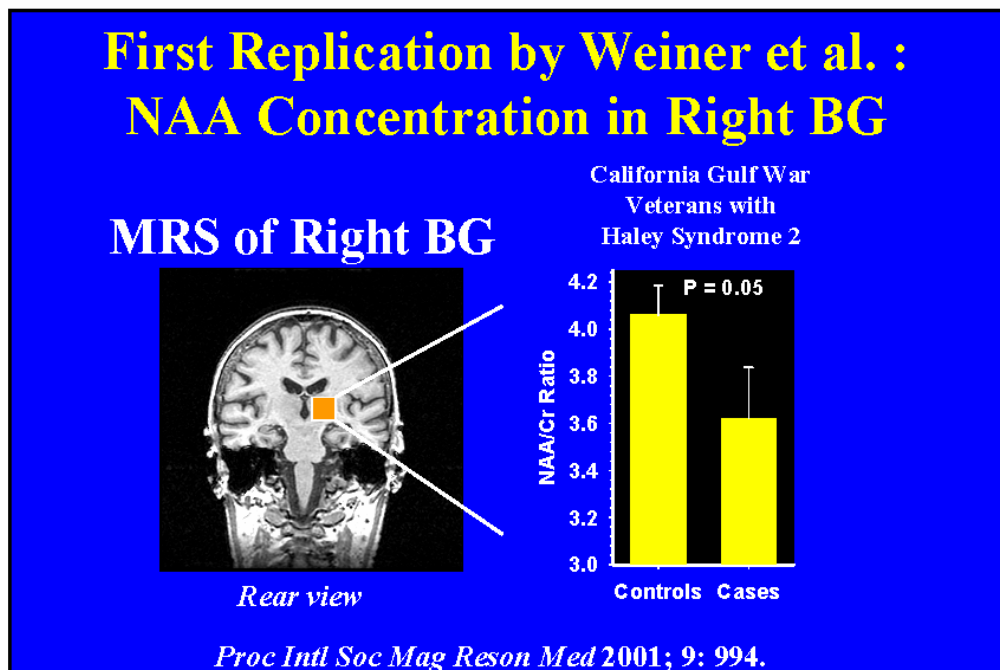
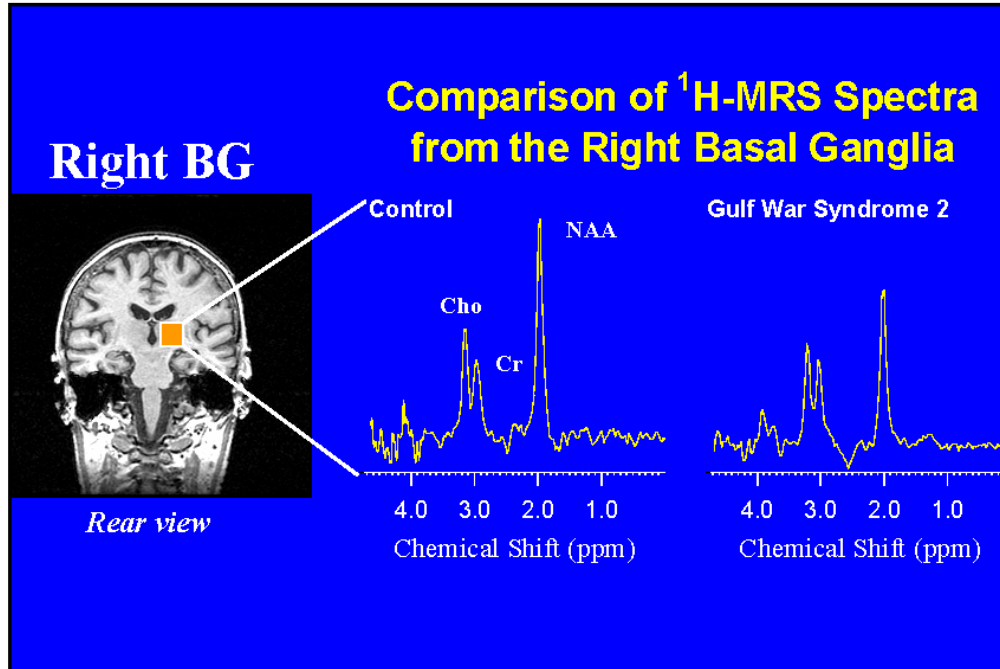
GCRC Protocol for Cases and Controls

- Low tyrosine diet
- Brain MR spectroscopy scans
- Autonomic evaluation
- Neurophysiologic tests
- Quantitative sensory tests
- Psychiatric/neuropsychological evaluation
- Sleep studies over 4 nights
- Blood tests for dopamine metabolites
- Brain SPECT scans with cholinergic challenge
- Etc.

Lower PON1 Type Q Allozyme Levels in Blood of Ill Gulf War Veterans than Controls

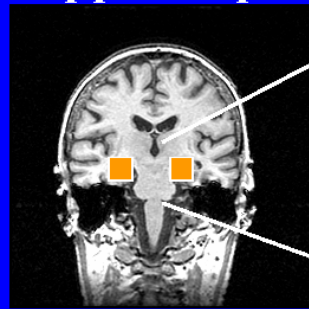


Toxicol Appl Pharmacol 1999; 157: 227-233



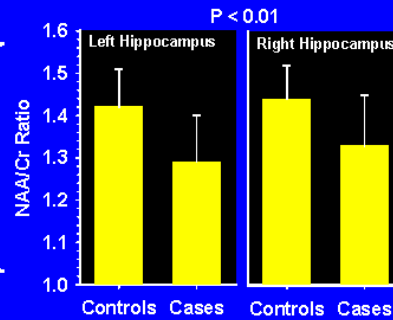
Second Replication by Menon et al. : NAA Concentration in the Hippocampus

Left and Right Hippocampus



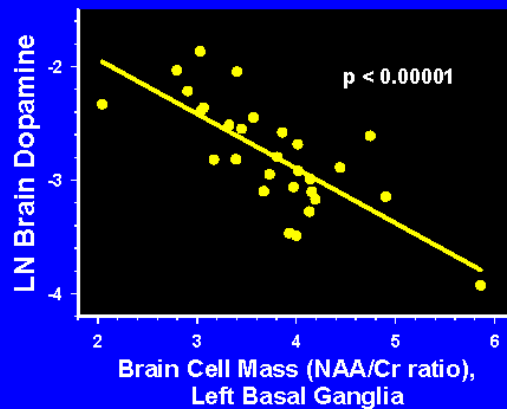
Rear view

Mississippi Gulf War
Veterans with
Gulf War Illness

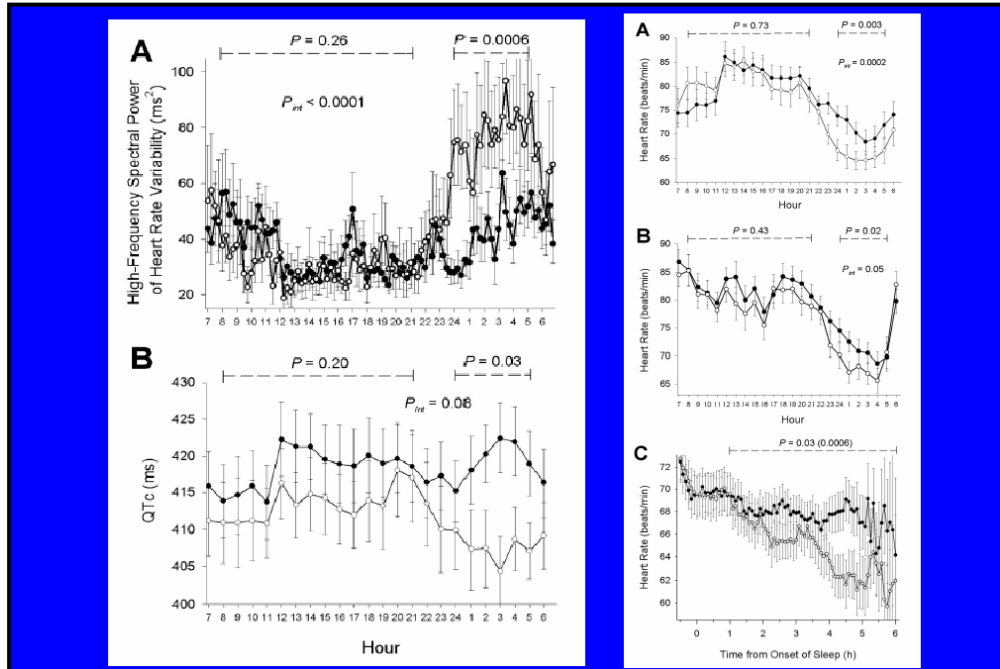


Brain Research 2004; 1009: 189-194.

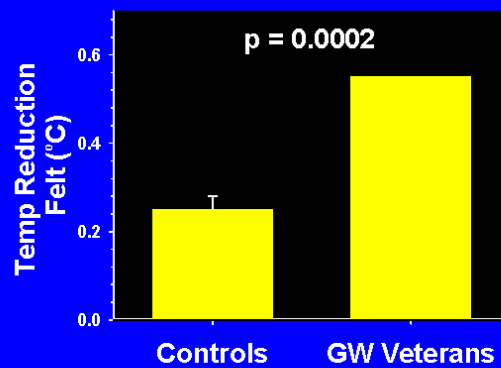
Increased Brain Dopamine Production with Brain Cell Damage



Archives of Neurology 2000; 57: 1280-1285



Jamal et al. 1996 Study: Abnormal Ability to Sense Changes in Temperature



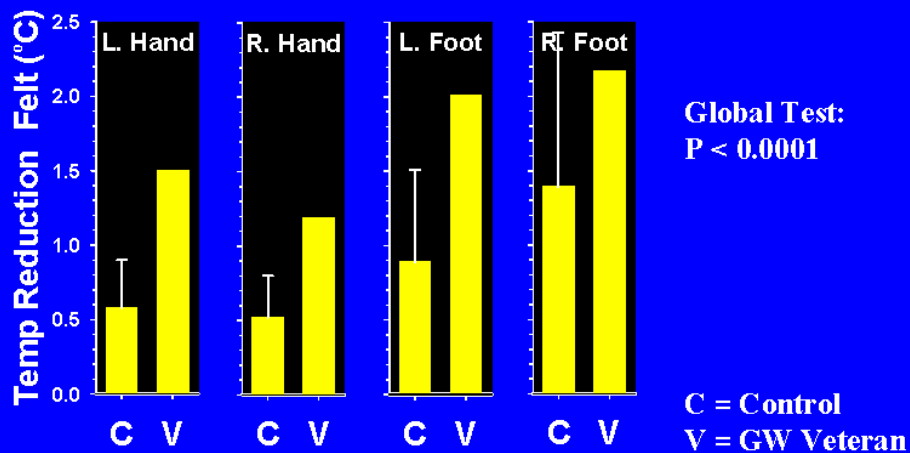
J Neurol, Neurosurg, & Psychiatr 1996; 60: 499-451

Quantitative Sensory Testing: Cooling Threshold



Impaired Cooling Perception Threshold*

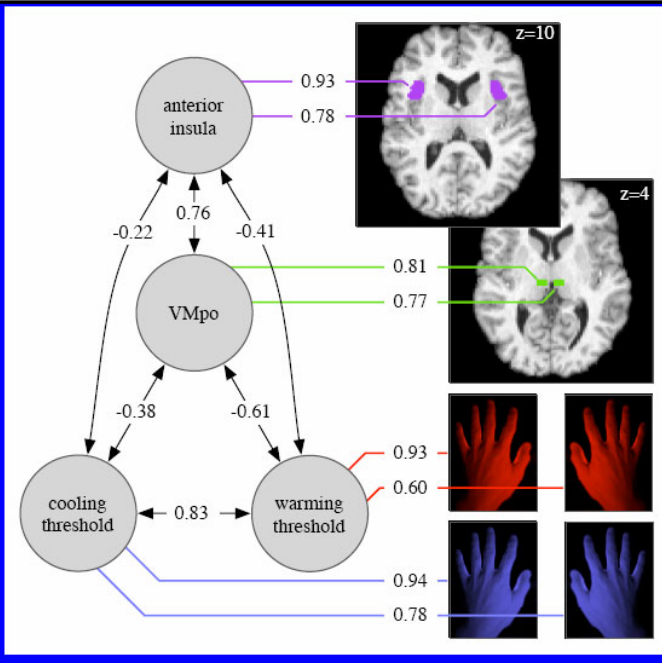
R. Haley, G. Wolfe, MD, W. Bryan et al.



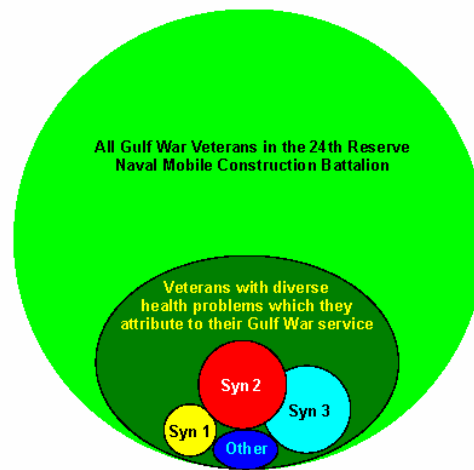
*Similar findings for warming threshold but not vibratory

SEM of Temperature Sensory System Dysfunction

- Goodness of fit indices show extremely good fit.
- T2 rCBF in other brain regions produce poor fitting SEMs.



Clinical Subgroups of Gulf War Veterans



October 2002 Alteration of Cholinergic Receptors in Rats by Low-Level Sarin

Rogene Henderson
Senior Scientist
Lovelace Respiratory
Research Institute
Albuquerque, NM



Funded by the U.S. Army Medical Research Institute for Chemical Defense
Henderson et al. *Toxicology Applied Pharmacology* 2002;184:67-87

Toxicology and Applied Pharmacology 184, 67-76 (2002)
doi:10.1006/taap.2002.9495

Response of Rats to Low Levels of Sarin

Rogene F. Henderson,* Edward B. Barr,* Walter B. Blackwell,* Connie R. Clark,† Carole A. Conn,* Roma Kalra,*
Thomas H. March,* Mohan L. Sopori,* Yohannes Tesfaigzi,* Margaret G. Ménache,*¹ and Deborah C. Mash‡

*Lovelace Respiratory Research Institute, Albuquerque, New Mexico 87108; †U.S. Army Medical Research Institute of Chemical Defense,
Aberdeen, Maryland 21010; and ‡University of Miami, Miami, Florida 33101

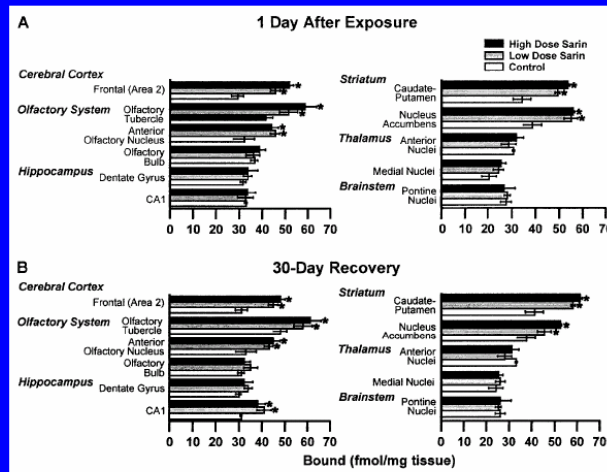
Toxicology and Applied Pharmacology 184, 82-87 (2002)
doi:10.1006/taap.2002.9497

Subclinical Doses of the Nerve Gas Sarin Impair T Cell Responses through the Autonomic Nervous System

Roma Kalra, Shashi P. Singh, Seddigheh Razani-Boroujerdi, Raymond J. Langley, Walter B. Blackwell,
Rogene F. Henderson, and Mohan L. Sopori

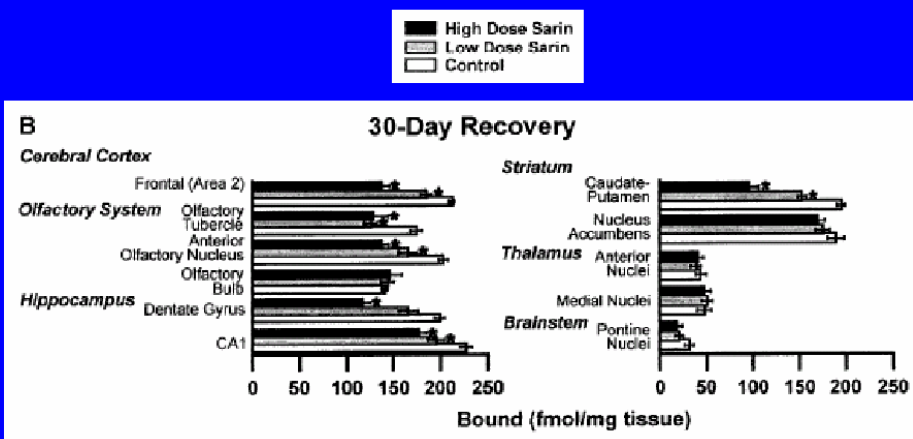
Lovelace Respiratory Research Institute, Albuquerque, New Mexico 87108

Up-regulation of M3 Receptors at 1 and 30 Days After Inhalation of Sarin for 5 Days



Henderson et al. *Toxicology Applied Pharmacology* 2002;184:67-87

Down-regulation of M1 Receptors 30 Days After Inhalation of Sarin for 5 Days



Henderson et al. *Toxicology Applied Pharmacology* 2002;184:67-87

If soldiers suffered brain cell damage from sarin nerve gas (a cholinergic stimulant), we might expect to see an abnormal brain cell response to an experimental cholinergic challenge.

- So we performed an experiment to see how the cholinergic stimulant *physostigmine* would affect regional cerebral bloodflow (rCBF) measured by ^{99m}Tc -HMPAO-SPECT scans.
- The same 21 cases (5, 11, 5) and 17 controls

Cholinergic Challenge Experiment

Session 1



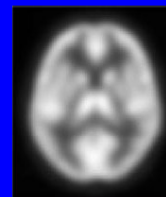
60 minute infusion*



^{99m}Tc -HMPAO injection



SPECT Scan†



SPECT image

Session 2 (3 days later)



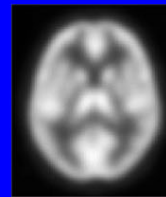
60 minute infusion*



^{99m}Tc -HMPAO injection



SPECT Scan†



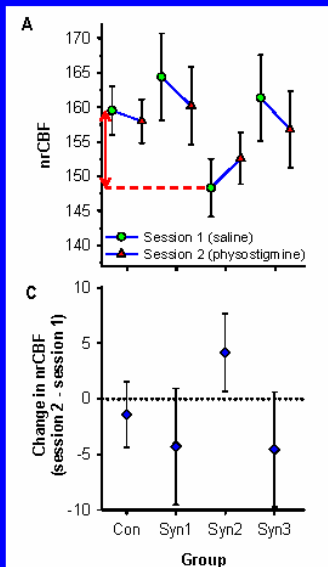
SPECT image

The Statistical Development Team



Wayne Woodward Bill Schucany Dick Gunst Robert Haley
Pat Carmack Jeff Spence

Global Hypothesis Tests



% diff. =
-11.21
159.60

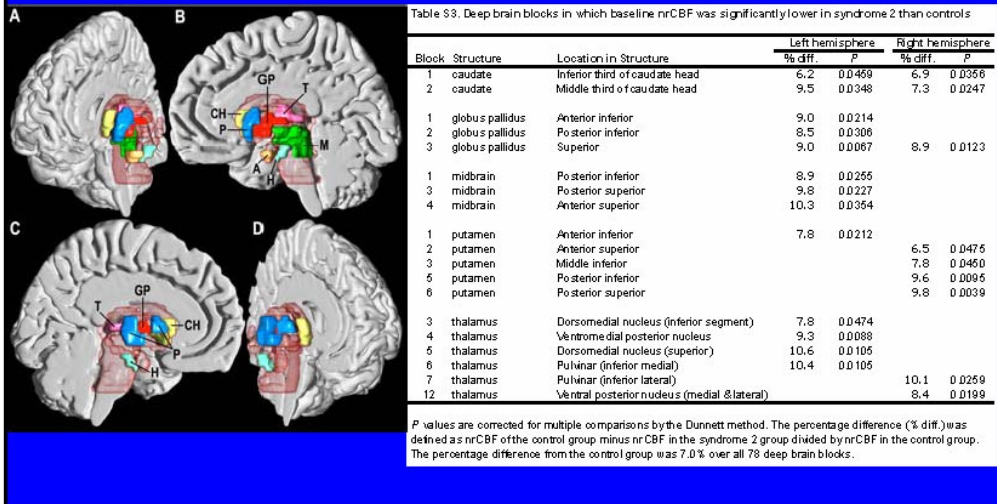
7.0%

Model of baseline nrCBF (session 1)				
Source of variation in Session 1 rCBF	Numerator df	Denominator df	F	Pr > F
Group	3	34	4.77	0.0070
Structure	15	510	284.00	<0.0001
Group X Structure	45	510	1.31	0.0904

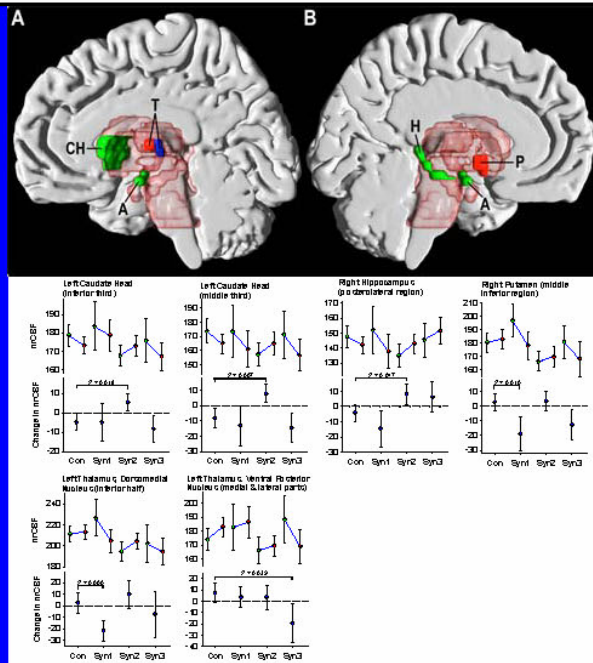
Mean				
Contrast	Difference	Std Err	df	Pr > t
Syn1 vs Con	4.87	4.86	34	0.3234
Syn2 vs Con	-11.21	3.70	34	0.0046
Syn3 vs Con	1.82	4.86	34	0.7104
Syn2 vs Syn1	-16.09	5.15	34	0.0037
Syn2 vs Syn3	13.03	5.15	34	0.0163
Syn1 vs Syn3	-3.05	6.04	34	0.6170

Model of change in nrCBF (session 2 - session 1)				
Source of variation in change of rCBF	Numerator df	Denominator df	F	Pr > F
Group	3	34	2.13	0.1145
Structure	15	510	2.48	0.0016
Group X Structure	45	510	1.67	0.0052

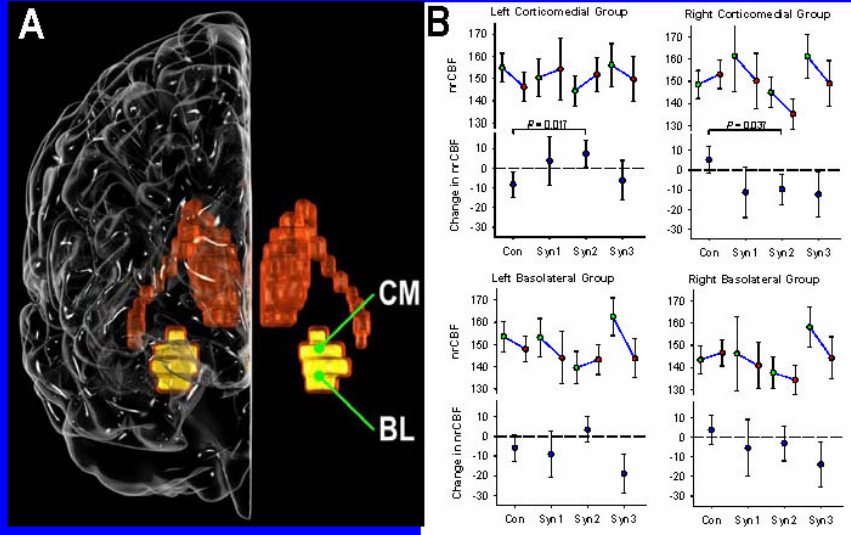
Blocks in which Significant Difference in Baseline rCBF: Syn 2 < Controls



Blocks with Significant Physostigmine Effect on nrCBF



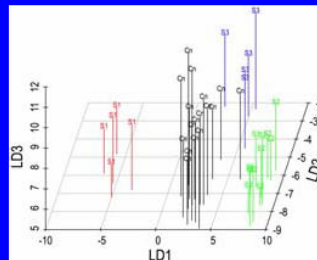
Physostigmine Effects in the Amygdala



Discriminant Model Predicting the 4 Clinical Groups from nrcBF of 17 Blocks

Hemi-sphere	Deep brain Structure	Approximate block location	SPECT Session	Discriminant loadings		
				LD1	LD2	LD3
Right	Hippocampus	Posterolateral (subventricular)	Stimulated	0.203	0.017	-0.024
Right	Putamen	Anterior inferior segment	Stimulated	0.188	-0.099	0.008
Right	Caudate	Caudate head (middle third)	Baseline	0.179	0.105	0.052
Left	Amygdala	Cortico-medial nuclear group	Stimulated	0.158	-0.041	-0.050
Right	Thalamus	VMPO and VP nuclei	Baseline	0.093	-0.173	0.022
Left	Amygdala	Cortico-medial nuclear group	Baseline	0.079	0.037	0.042
Left	Thalamus	Pulvinar (inferior segment)	Baseline	0.059	-0.216	0.029
Right	Caudate	Caudate head (middle third)	Stimulated	0.040	-0.025	0.021
Right	Thalamus	LPN and DMN (sup. post.)	Baseline	0.026	0.141	-0.019
Left	Thalamus	AN, DMN (sup. ant.), VLN (sup.)	Stimulated	-0.023	-0.047	0.001
Right	Putamen	Posterior inferior segment	Stimulated	-0.031	0.052	-0.011
Right	Thalamus	Pulvinar (inferior segment)	Baseline	-0.061	0.183	-0.025
Right	Thalamus	Pulvinar (inferior segment)	Stimulated	-0.109	0.069	-0.022
Left	Thalamus	Pulvinar (inferior segment)	Stimulated	-0.143	-0.018	0.020
Right	Putamen	Anterior superior segment	Baseline	-0.161	-0.054	-0.027
Right	Amygdala	Cortico-medial nuclear group	Stimulated	-0.201	0.081	0.053
Right	Putamen	Anterior inferior segment	Baseline	-0.221	-0.012	-0.019

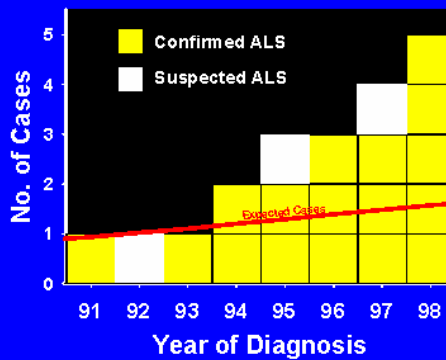
Holdout classification



Discriminant classification	Original clinical classification			
	S1	S2	S3	Control
S1	5 (100)			
S2		11 (100)	1 (20)	1 (6)
S3			4 (80)	2 (12)
Control				14 (82)

Sensitivity = 0.95
Specificity = 0.82

New Cases of ALS by Year of Diagnosis Since the 1991 Persian Gulf War



Haley RW. *Neurology* 2003; 71:750-756

