



# The Nature & Nurture of Pain


**Jeffrey S. Mogil, Ph.D.**



**McGill**


Dept. of Psychology and Centre for Research on Pain  
McGill University, Montreal, QC

## The Two “Genetics”




1. “Genetics” as the study of biology on the level of the gene.
  - genetics à la Watson & Crick
  - defining the molecular “building blocks” of pain
2. “Genetics” as the study of variability, of inherited individual differences.
  - genetics à la Gregor Mendel

---



[www.paingeneticslab.com](http://www.paingeneticslab.com)



## Why Do Genetics?

### 1) identifying new targets for drug development

- an *unbiased* target discovery approach
- a way to do biology without drugs/antibodies

### 2) explaining individual differences



[www.paingeneticslab.com](http://www.paingeneticslab.com)



## Current Genetic Techniques

Technique	Molecule	Advantages	Disadvantages
<b><i>In rodents:</i></b>			
Transgenics	DNA	• simplicity	• interpretation difficult • single-gene focus
QTL Mapping	DNA	• causality • multigenic	• time-consuming • not guaranteed to work • blind to environment
Microarray	mRNA	• multigenic • genes or environment	• no causality • genes or environment?
Knockdown	mRNA	• simplicity	• hard to interpret null effects • single-gene focus
<b><i>In humans:</i></b>			
Linkage	DNA	• doable in humans!	• single-gene traits only
Association	DNA		• hard to replicate
Microarray	mRNA		• limited to available tissues
Deep Sequencing	DNA		• very expensive



[www.paingeneticslab.com](http://www.paingeneticslab.com)



**PainGenesdb Selector**

Total Genes: 203

Search by: Cellular Process

Gene: **Bdrb1**  
 Year: 1997  
 Papers: 6  
 Receptor: **+**  
 Hypersensitivity: **-**  
 Analgesia: **+**  
 Common Name: **bradykinin receptor, beta 1**

Gene	ProteinName	CommonName	ProteinAcronym	AdditionAcronym	CellularProcess	Function	Subfunction	Receptor?	Hypersens	Analgesia
Oprm	opioid receptor, mu	mu receptor	MOR		Cell signaling	G-protein coupled receptor	Opioid	▲	▼	
Kcnj5	potassium inwardly-rectifying channel, subfamily J, member 5		Kir2.4	ORP4	Cell signaling	Channel	Potassium channel	▲	■	■
Bdrb1	bradykinin receptor, beta 1	BK1R	kain B1		Cell signaling	G-protein coupled receptor	Neuromodulator	▼	▼	■

Project: Pain Genes Database | Created for: **Jeffrey S. Mogil, PhD**, Dept. of Psychology and Centre for Research on Pain, McGill University  
 Financial Support by: **The Louise Edwards Foundation** | Created by: **Jean B. Leduc**, **Substans in Motion** © 2006-2007 514-485-9287

**“Pain Genes” Knockout Mice with a Pain Phenotype**

Total Genes: 322  
 Total Papers: 755



[www.paingeneticslab.com](http://www.paingeneticslab.com)



**“If it were not for the great variability among individuals medicine might as well be a science and not an art.”**

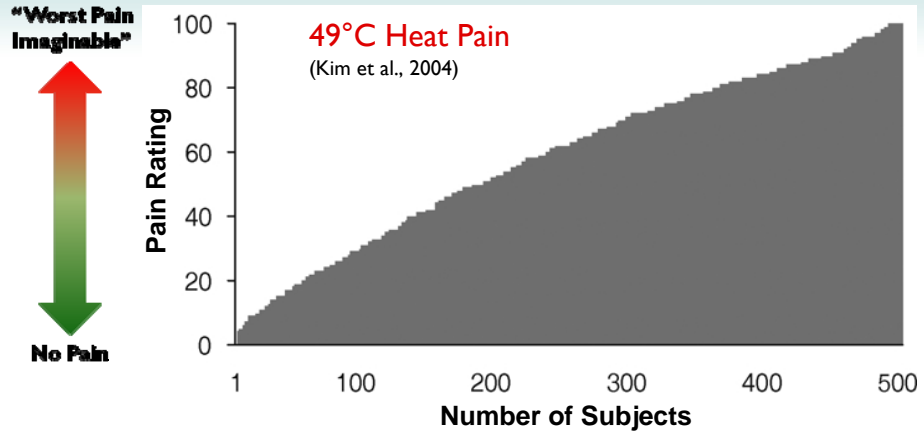


-Sir William Osler, 1892

[www.paingeneticslab.com](http://www.paingeneticslab.com)



## Variability in Human Pain Sensitivity: Experimental



[www.paingeneticslab.com](http://www.paingeneticslab.com)

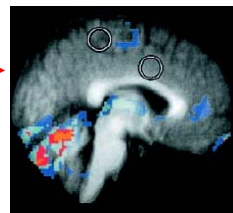
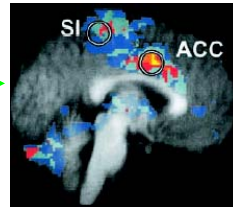
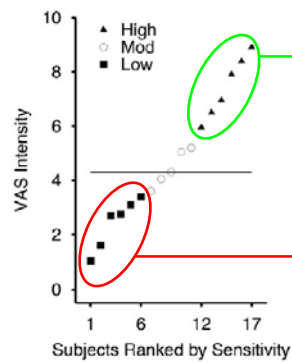


## Is Variability in Human Pain Sensitivity *Real*?

Neural correlates of interindividual differences in the subjective experience of pain

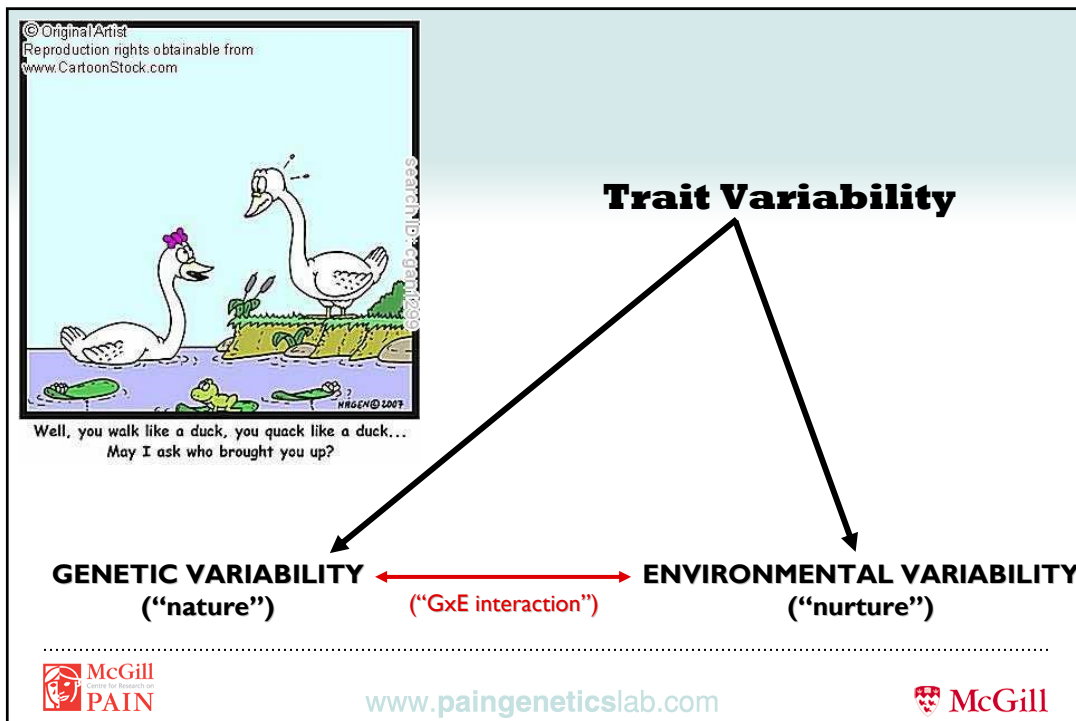
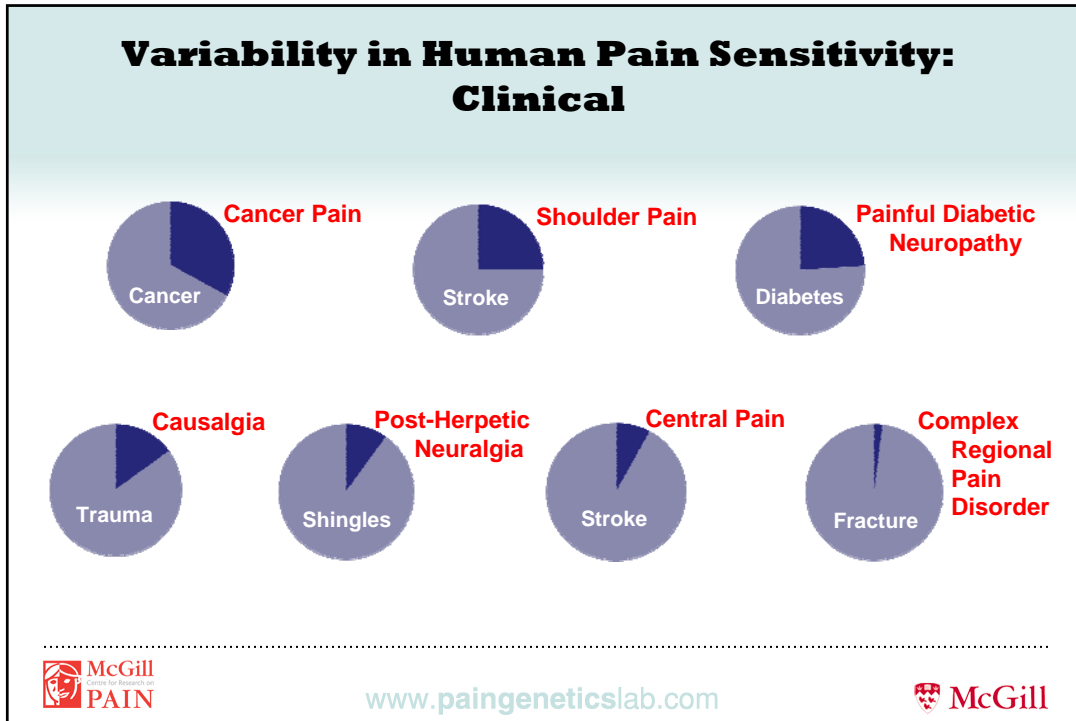
Proc. Natl. Acad. Sci. USA,  
100:8538, 2003

Robert C. Coghill<sup>1,2\*</sup>, John G. McHaffie<sup>1</sup>, and Ye-Fen Yen<sup>3</sup>



[www.paingeneticslab.com](http://www.paingeneticslab.com)







## Estimating Heritability

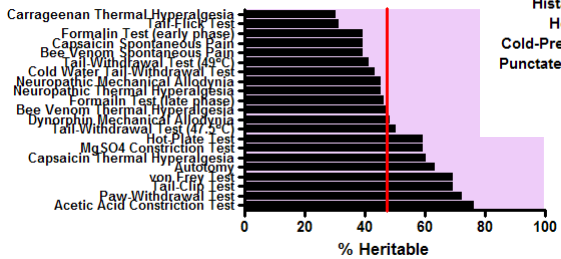
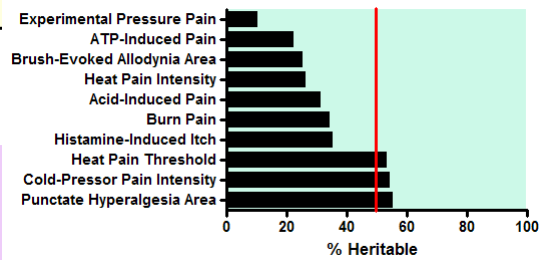
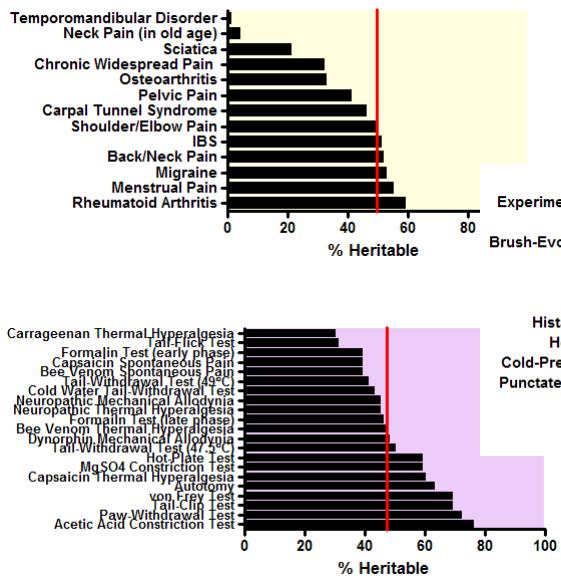
$$V_{\text{Trait}} = V_{\text{Genetic}} + V_{\text{Environmental}}$$



[www.paingeneticslab.com](http://www.paingeneticslab.com)



## Heritability of Pain Traits

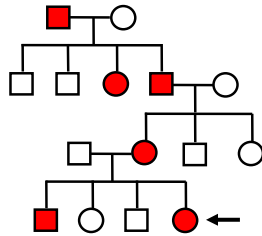


[www.paingeneticslab.com](http://www.paingeneticslab.com)

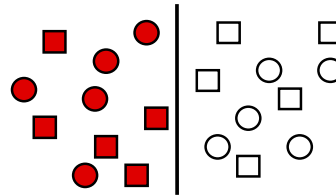


## Finding "Pain Variability Genes"

### Linkage Mapping



### Association Studies



[www.paingeneticslab.com](http://www.paingeneticslab.com)



## Genes Responsible for Monogenic Pain Disorders



"The Human Pincushion"  
(congenital insensitivity  
to pain with anhidrosis;  
HSN Type IV)

HSN Type I	9q22.1	<i>SPTLC1</i>	sphingolipid synthesis
HSN Type II	12p13	<i>HSN2</i>	(function unknown)
HSN Type III	9p31	<i>IKBKAP</i>	transcription factor
HSN Type IV	1q21	<i>NTRK1</i>	neurotrophin receptor
HSN Type V	1p13.1	<i>NGFB</i>	neurotrophin
"	2q24	<i>SCN9A</i>	sodium (Na <sub>v</sub> 1.7) channel
FEPS	8q12	<i>TRPA1</i>	cation (TRPA1) channel
PE	2q24	<i>SCN9A</i>	sodium (Na <sub>v</sub> 1.7) channel
PEPD	2q24	<i>SCN9A</i>	sodium (Na <sub>v</sub> 1.7) channel
FHM Type I	19p13	<i>CACNA1A1</i>	calcium channel subunit
FHM Type II	1q21	<i>ATP1A2</i>	ion pump subunit
FHM Type III	2q24	<i>SCN1A</i>	sodium (Na <sub>v</sub> 1.1) channel

FEPS: familial episodic pain syndrome; HSN: hereditary sensory neuropathy;  
PE: primary erythromelalgia; PEPD: paroxysmal extreme pain disorder; FHM: familial hereditary migraine



[www.paingeneticslab.com](http://www.paingeneticslab.com)



<b>Genes Reported to be Associated with Pain States</b>		
<b>ADRB2</b>	temporomandibular disorder	Diatchenko, 2006
<b>CACNG2</b>	chronic postoperative pain	Nissenbaum, 2010
<b>COMT</b>	experimental pain	Zubieta, 2003; Diatchenko, 2005/6; Kim, 2006
	temporomandibular disorder	Diatchenko, 2005
	fibromyalgia	Gursoy, 2003
<b>ESR1</b>	TMJ osteoarthritis	Kang, 2007
<b>FAAH</b>	experimental pain	Kim, 2006
<b>GCH1</b>	low back pain	Tegeger, 2006
	experimental pain	Tegeger, 2006; Kim, 2007
<b>HLA (many)</b>	CRPS	Kemler, 1999; Mailis, 1994; van Hilten, 2000
	postherpetic neuralgia	Sato, 2002
<b>HTR2A</b>	fibromyalgia	Bondy, 1998
	irritable bowel syndrome	Pata, 2004
<b>HTT</b>	temporomandibular disorder	Herken, 2001; Cohen, 2002
<b>IL1</b>	low back pain	Solovieva, 2004
<b>IL1RN</b>	low back pain	Solovieva, 2004; Foster, 2004
	vulvar vestibulitis	Jeremias, 2000
<b>IL6</b>	sciatica	Noponen-Hietala, 2005
	rheumatoid arthritis	Oen, 2005
<b>IL10</b>	pelvic pain	Shoskes, 2002
<b>KCNS1</b>	experimental pain, lumbar root pain	Costigan, 2010
<b>MAOB</b>	postoperative pain	Sery, 2006
<b>MC1R</b>	experimental pain	Mogil, 2005
	vulvar vestibulitis	Foster, 2004
<b>OPRD</b>	experimental pain	Kim, 2004
<b>OPRM</b>	experimental pain	Fillingim, 2005
	chronic, non-cancer pain	Janicki, 2006
<b>SCN9A</b>	osteoarthritis, sciatica, postamputation pain	Reimann, 2010
<b>SLC6A4</b>	fibromyalgia	Offenbaecher, 1999
<b>TRPA1</b>	experimental pain	Kim, 2006
<b>TRPV1</b>	experimental pain	Kim, 2004



[www.paingeneticslab.com](http://www.paingeneticslab.com)



## The Problem with Association Studies...

NATURE | Vol 447 | 7 June 2007

nature

# Replicating genotype-phenotype associations

NCI-NHGRI Working Group on Replication  
 in Association Studies

"...So far, comprehensive reviews of the published literature, most of which reports work based on the candidate-gene approach, have demonstrated a plethora of questionable genotype-phenotype associations, replication of which has often failed in independent studies."

## Why Most Published Research Findings Are False

John P. A. Ioannidis

PLoS Medicine | [www.plosmedicine.org](http://www.plosmedicine.org)

0696

August 2005 | Volume 2 | Issue 8 | e124



[www.paingeneticslab.com](http://www.paingeneticslab.com)





## What About Human Pain Genetics?

- COMT:**
- val158met associated with pain (Zubieta et al., 2003)
  - a haplotype associated with pain, but not val158met (Diatchenko et al., 2005)
  - no association with neuropathic pain (Armero et al., 2005)
  - no association with post-operative pain (Kim et al., 2006)
  - val158met associated with fibromyalgia (Cohen et al., 2009)
  - no association with chronic pain (Hocking et al., 2010)
  - a different haplotype associated with low back pain (Dai et al., 2010)
- MC1R:**
- variants associated with decreased pain sensitivity (Mogil et al., 2005)
  - variants associated with increased pain sensitivity (Liem et al., 2005)
- GCHI:**
- a haplotype associated with pain (Tegeader et al., 2006)
  - a haplotype associated with pain, but only after sensitization (Tegeader et al., 2008)
  - no association with post-operative pain (Kim et al., 2007)
  - a haplotype associated only with capsaicin pain (Campbell et al., 2009)
  - a haplotype delays cancer pain (Campbell et al., 2009)

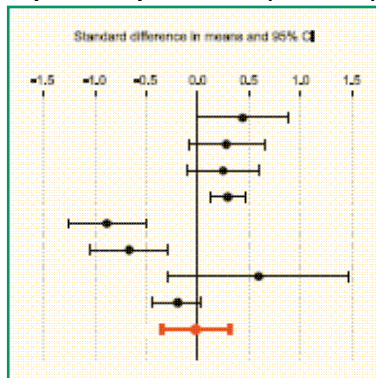


## A Meta-Analysis of *OPRM1* and Pain

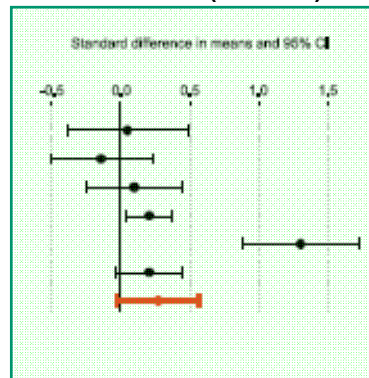
Meta-analysis of the relevance of the *OPRM1* 118A>G genetic variant for pain treatment

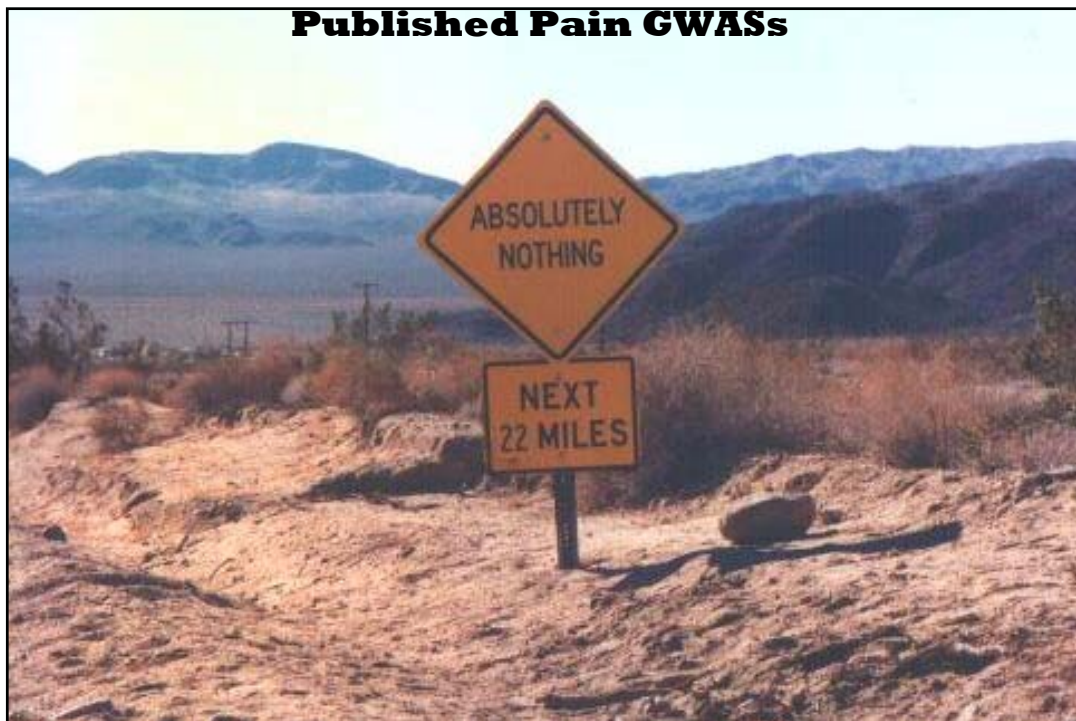
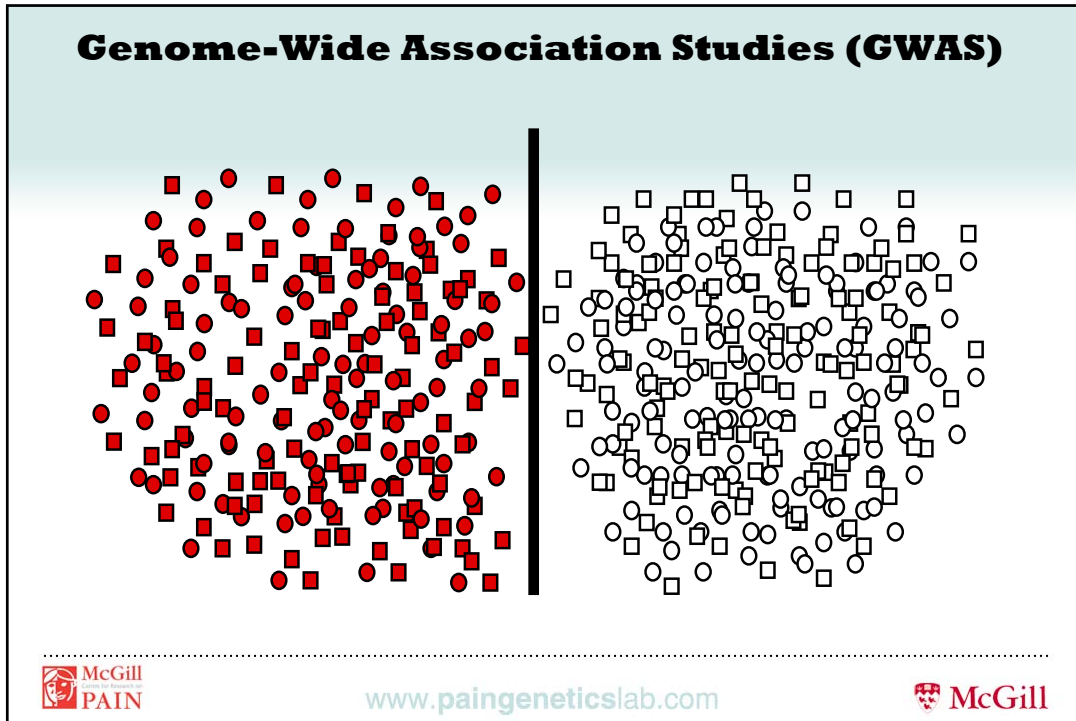
Carmen Walter, Jörn Lötsch\*

Opioid Requirements (G vs. AA)



Pain Scores (G vs. AA)

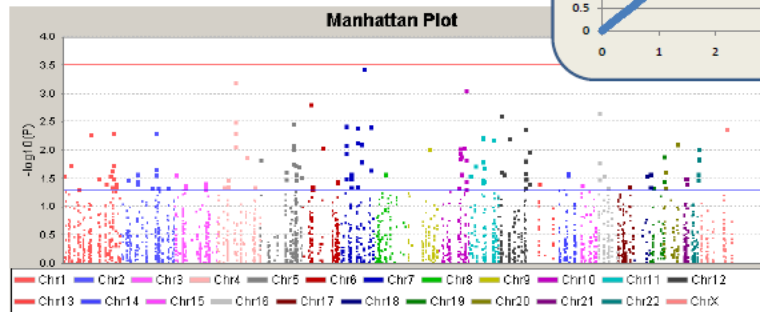
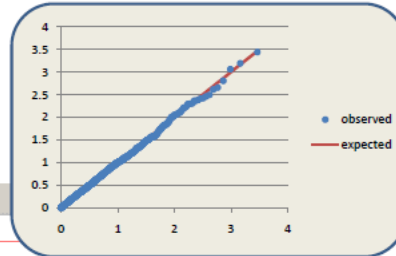




## The Closest Approximation in Pain: The **OPPERA** Study (W. Maixner, PI)

177 TMD cases vs 1443 controls

CHR	SNP	GENE	Call Rate	MAF (W)	MAF (B)	OR	P
7	rs728273	IFRD1	99.57%	0.41	0.69	0.64	0.00036
4	rs1563826	EREG	100.00%	0.21	0.51	0.60	0.00063
10	rs12415832	GRK5	99.88%	0.021	0.051	2.54	0.00086



www.paingeneticslab.com



## Do GWASs “Work”?

**YES**

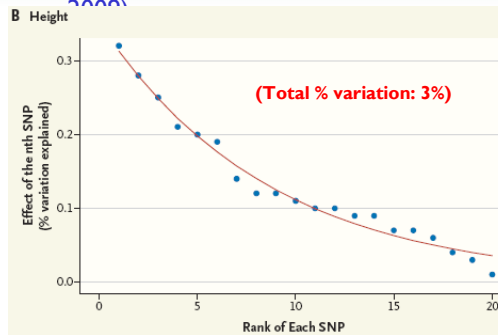
[J.N. Hirschhorn \(N. Engl. J. Med., 2009\)](#)

...in 2005, two friends and well-known geneticists, Francis Collins and Thomas Gelehrter, made a public bet: Gelehrter predicted that no more than three new common variants would be reproducibly associated with common diseases by the time the American Society of Human Genetics (ASHG) held its meeting in the autumn of 2008. During the past 2 years, however, genomewide association studies have identified more than 250 genetic loci in which common genetic variants occur that are reproducibly associated with polygenic traits... Collins was the clear winner, by a margin of more than 200 new associated variants.

“The main goal of these studies is not prediction of individual risk but rather discovery of biological pathways underlying polygenic diseases and traits.”

**NO**

[D.B. Goldstein \(N. Engl. J. Med., 2009\)](#)



“If common variants are responsible...most genes are “height genes” or “type 2 diabetes genes”...in pointing at everything, genetics would point at nothing.”



www.paingeneticslab.com



## But wait...

- what about *APOE*?
- what about *BRCA1* and *BRCA2*?
- what about *CFH* and macular degeneration?
- what about hearing loss genes?

**Q. Is chronic pain more like type-2 diabetes,  
or more like macular degeneration?**



[www.paingeneticslab.com](http://www.paingeneticslab.com)



## The Future: Genome-Wide Resequencing

- if the common disease-common variant hypothesis is wrong, and the common disease-rare variant hypothesis is correct, then the solution is to find the rare variants
- this can be done by sequencing many people with the disease, at great (but decreasing; the "\$1000 genome") cost
- the truth is...pain is not "important" enough to spend the money (!)

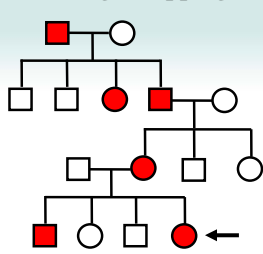


[www.paingeneticslab.com](http://www.paingeneticslab.com)

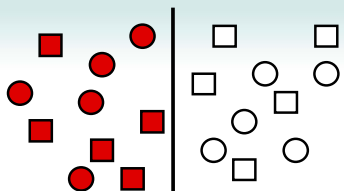


## Finding "Pain Variability Genes"

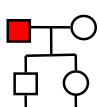
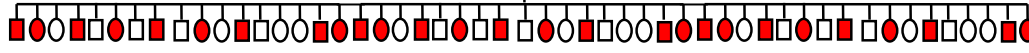
### Linkage Mapping





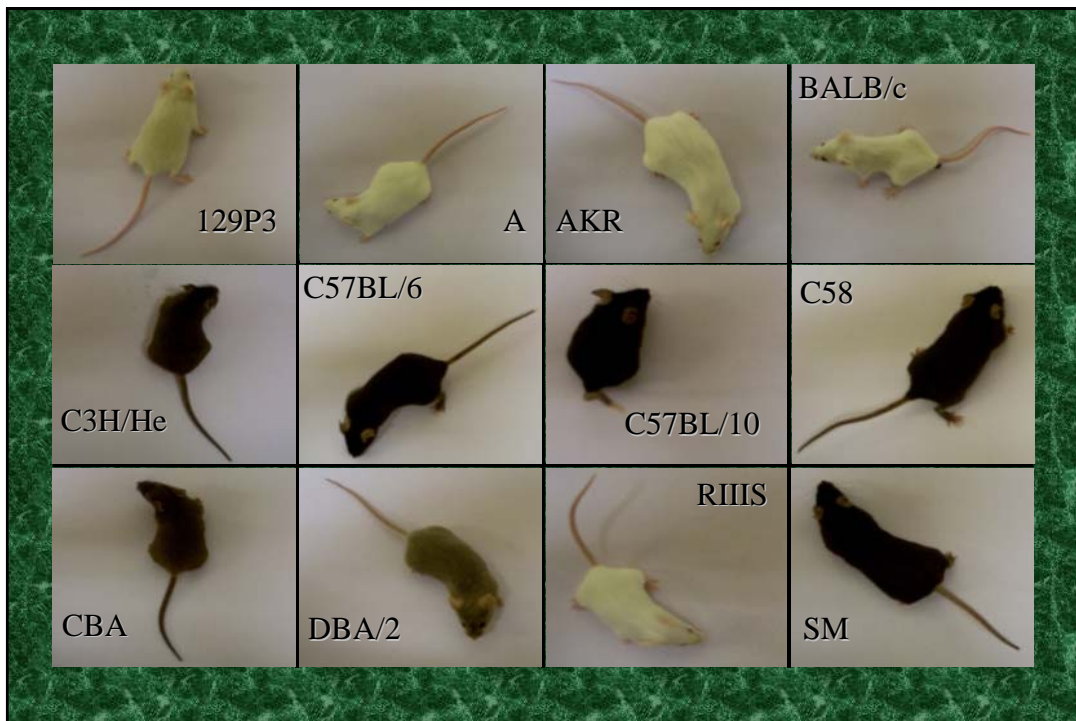
### Association Studies



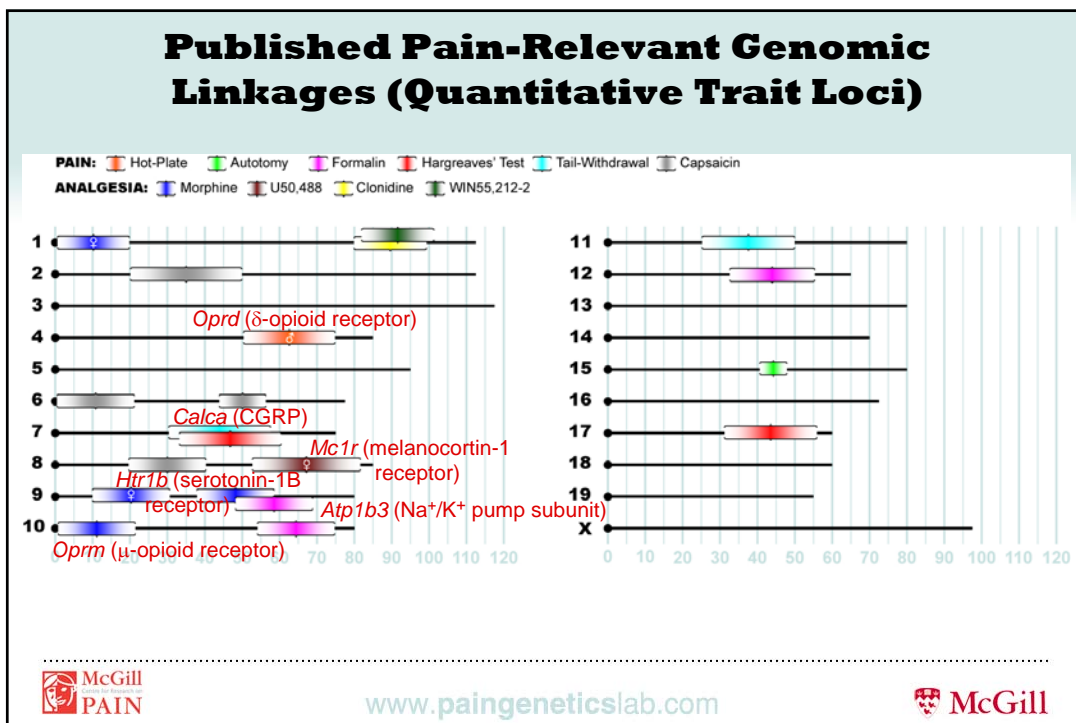
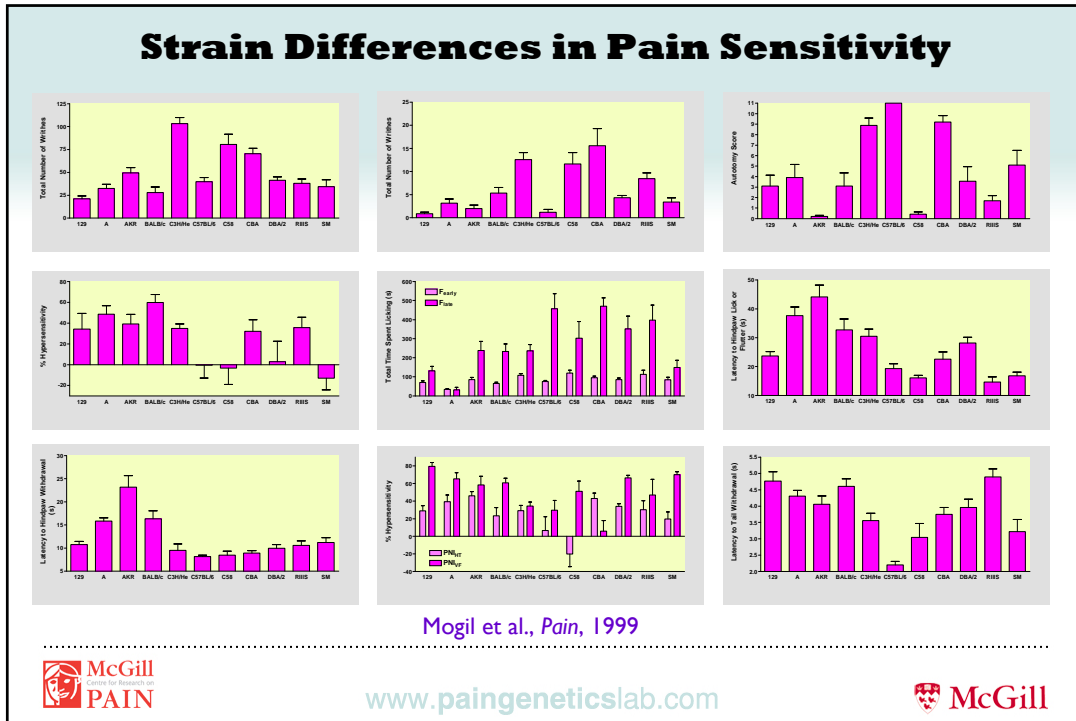
**Experimental Crosses (Linkage Mapping)**

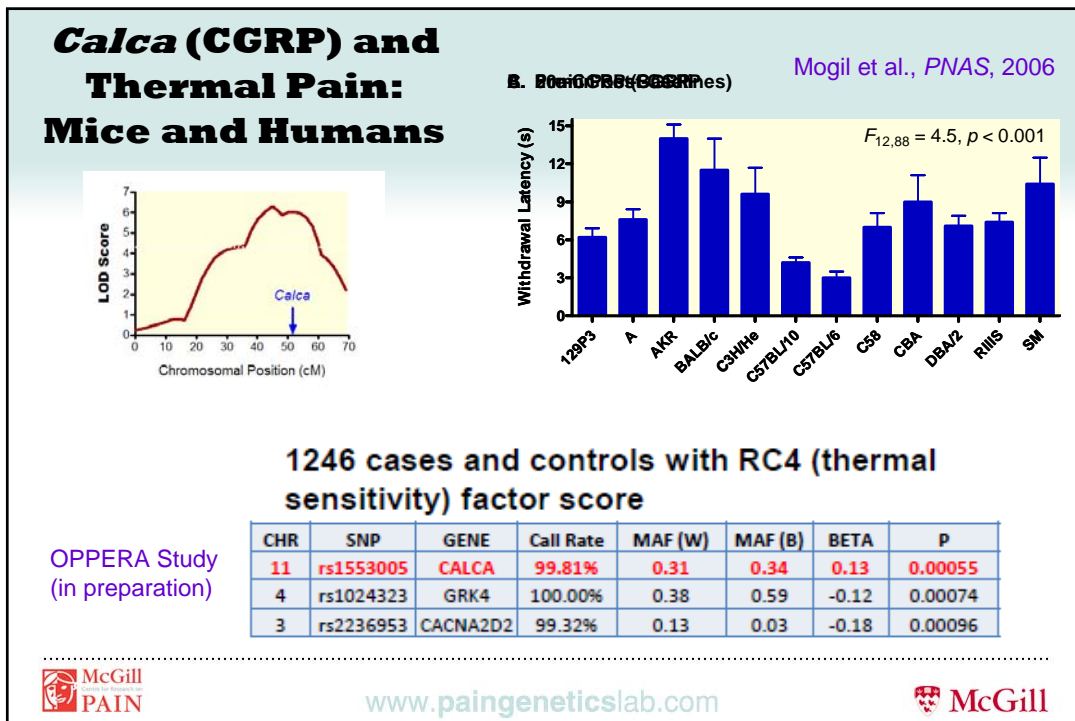
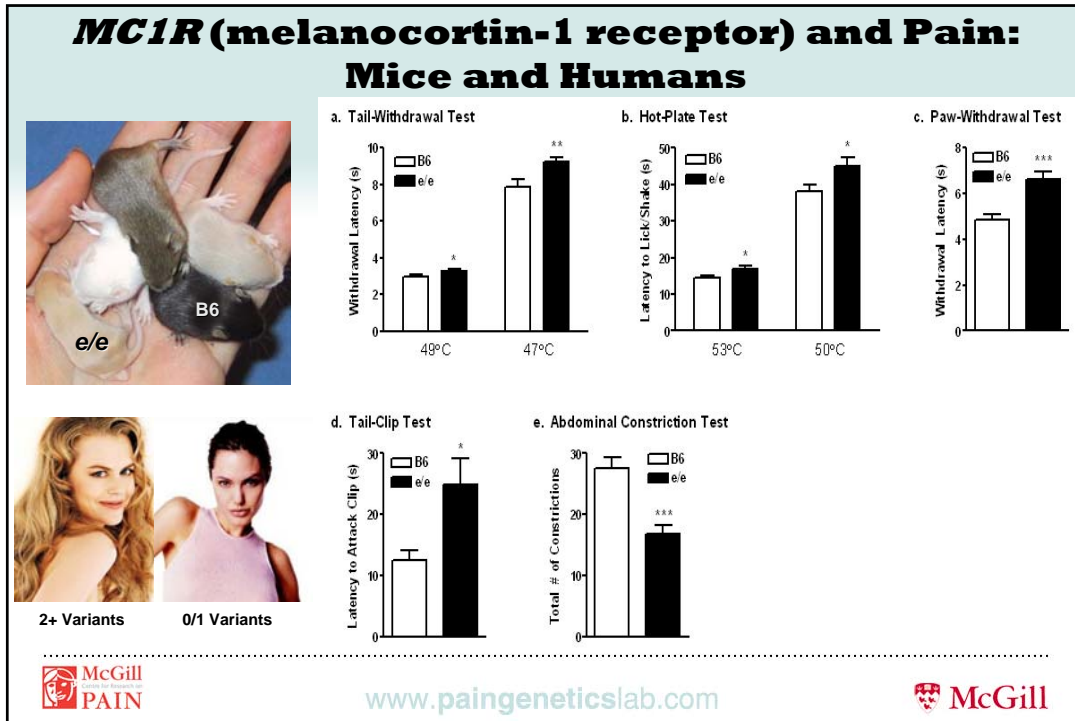
  


[www.paingeneticslab.com](http://www.paingeneticslab.com)



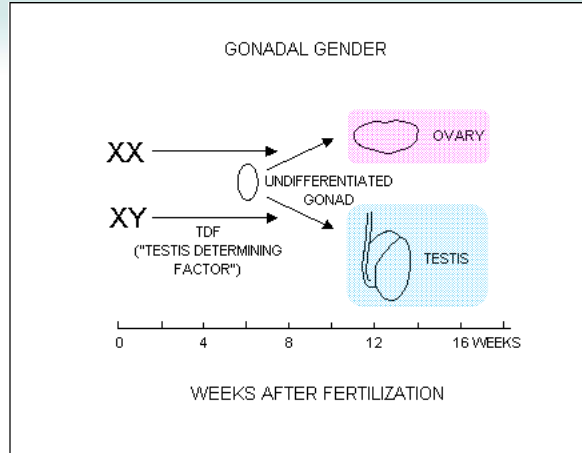
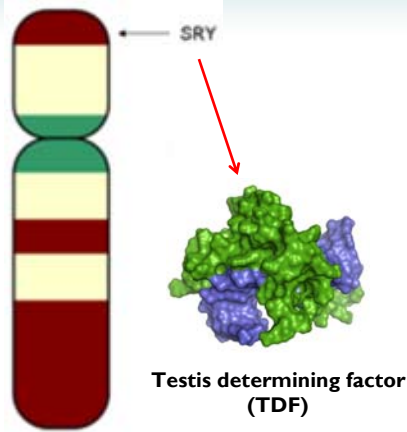






## One Other Gene We *Know* is Involved in Pain

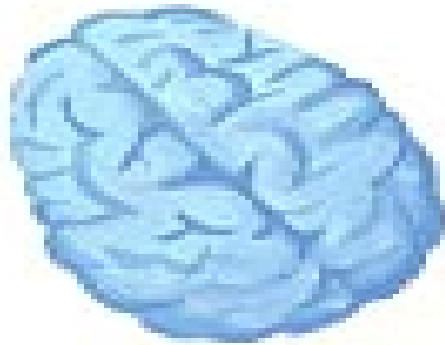
Chromosome Y



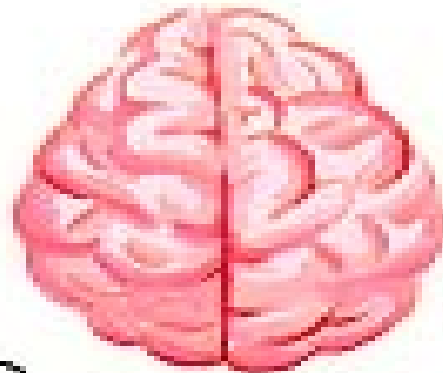
[www.paingeneticslab.com](http://www.paingeneticslab.com)



## **Qualitative Sex Differences in Pain Mechanisms**

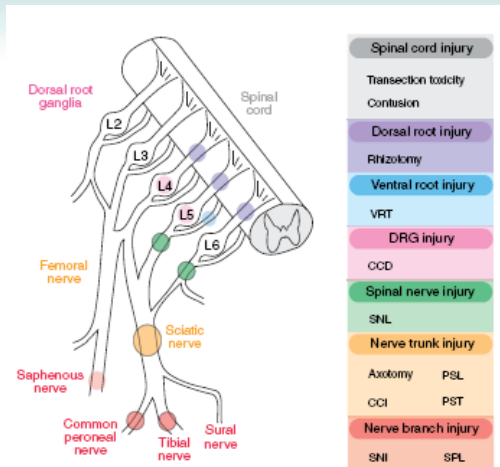


Males



Females

## Strain Survey (31 Strains!) of Neuropathic Mechanical Allodynia



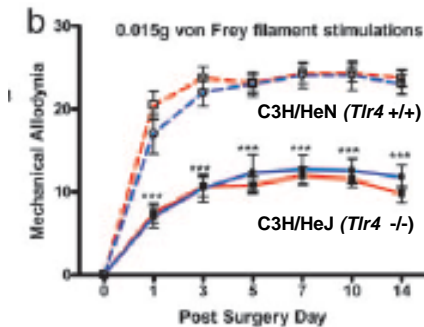
[www.paingeneticslab.com](http://www.paingeneticslab.com)



## Sex-Specific Effect of *Tlr4* (Toll-like receptor 4) Genetic Dysfunction on Mechanical Allodynia

**PNAS** The CNS role of Toll-like receptor 4 in innate  
 neuroimmunity and painful neuropathy

Florent Y. Tanga<sup>1,2</sup>, Nancy Nuttle-McMenemy<sup>1,4</sup>, and Joyce A. DeLeo<sup>1,2,5</sup>



[www.paingeneticslab.com](http://www.paingeneticslab.com)



## **Male-Specific and Testosterone-Dependent Involvement of *Spinal*/TLR4 in Chronic Pain**



[www.paingeneticslab.com](http://www.paingeneticslab.com)



## **Conclusions**

- variability in pain sensitivity, susceptibility to developing chronic pain disorders, and analgesic response is robust in humans and rodents
- slowly but surely, pain-relevant genes are being identified and confirmed in mice and humans
- the large total number of pain-relevant genes suggests, however, that the process will take quite some time, and that incorporation of genetic data into pain treatment is premature
- the genetic technique nonetheless has considerable heuristic value, especially as a guide to and refinement of drug development efforts (e.g., TLR4)



[www.paingeneticslab.com](http://www.paingeneticslab.com)





## Thanks to...

### At Illinois:

**Dr. Sonya (Wilson) Lehto**  
Dr. Elissa Chesler  
Dr. Andrew Rankin  
Dr. William Lariviere  
Dr. Karine Bon  
Dr. Wan You

Dr. Roger Fillingim  
(University of Florida)

**Dr. William Maixner**  
(University of North Carolina)

**Dr. Albert Dahan**  
(Leiden University)

Dr. Kenneth Craig  
(University of British  
Columbia)

Dr. Wendy Sternberg  
(Haverford College)

Dr. Ben Kest  
(CUNY/CSI)

### At McGill:

Dr. Shad Smith

**Jennifer Ritchie**

Susana Sotocinal

Dr. Kumar Nemmani

**Jean-Sebastien Austin**

Dr. Mona Lisa Chanda

Dr. Dale J. Langford

**Dr. Michael LaCroix-Fralish**

Melissa A. Farmer

Ara Scorscher-Petcu

Dr. Andrea L. Bailey

**Dr. Robert E. Sorge**

Jeffrey Weiskopf

Alexander Tuttle

+ 80 McGill Undergraduates



**The Louise & Alan Edwards  
Foundation**



[www.paingeneticslab.com](http://www.paingeneticslab.com)

