#### **Local Cleveland Area Quality of Life Resources**

# Cuyahoga County Veterans Service Commission (CCVSC): <a href="http://cuyahogavets.org/locations/">http://cuyahogavets.org/locations/</a>

- Assists Ohio Veterans to apply for compensation, pensions, hospitalization, and benefits.
- Offers bus tickets to assist veterans with transportation to their VA medical appointments.
- Also assists with paratransit special transportation services for Veterans with disabilities.

### Louis Stokes VA Medical Center in Cleveland: https://www.cleveland.va.gov/

- Leader in geriatric care: The Geriatric Emergency Department Collaborative (GEDC) selected the Louis Stokes Cleveland VA Medical Center to be its first VA partner institution.
  https://www.cleveland.va.gov/features/VANEOHS Recognized as Leader in Geriatric.asp
- Innovative program to enable disabled Veterans to perform everyday tasks independently with new technology. <a href="https://www.cleveland.va.gov/features/New\_Technology\_Empowers.asp">https://www.cleveland.va.gov/features/New\_Technology\_Empowers.asp</a>

## **Veteran Centers:** Serve Veterans and their family members.

- VA Cleveland Regional Office: <a href="https://www.benefits.va.gov/cleveland/">https://www.benefits.va.gov/cleveland/</a>
- Cleveland State University Veteran and Military Resource Center: https://www.collegefactual.com/colleges/cleveland-state-university/student-life/veterans/

#### Veterans Service Organizations: <a href="https://www.benefits.va.gov/Cleveland/veterans-services-orgs.asp">https://www.benefits.va.gov/Cleveland/veterans-services-orgs.asp</a>

- Cleveland Regional Office counsels about eligibility for VA benefits and how to apply.
- Cleveland Regional Office provides information about VA health care and memorial benefits.

#### YMCA and Local Community Center Aquatic Therapy Programs:

- Cleveland local YMCAs offer a range of physical and rehabilitation therapy services such as aquatic therapy as well as strength, treadmill, and balance and gait training.
- Cleveland Area YMCAs: https://www.clevelandymca.org/

#### **Recreational Outdoors Activities:**

- Cleveland Area Recreation Centers: Google search reveals over 100 sources for recreational organized sports, fitness training, and seasonal activities.
- National VHA Recreational Therapy Services: https://www.prosthetics.va.gov/rectherapy/aboutus.asp
  - Get outdoors to move and be active.
  - o Primary Care doctors can refer VA patients to medical center services.

#### **Ohio State Quality of Life Resources**

# Ohio Department of Veterans Services: <a href="http://dvs.ohio.gov/main/county-veterans-service-offices.html">http://dvs.ohio.gov/main/county-veterans-service-offices.html</a>

- County offices connect Ohio Veterans with higher education and technical training opportunities.
- Provide grants for general assistance, housing, and services.

VA Northeast Ohio Healthcare System—list of health services: https://www.cleveland.va.gov/services/index.asp