# Summary of Veteran Engagement Sessions 4 & 5

Presented at GWVI RAC August 4, 2021

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## Set up and participation

#### • VES #4

- Hosted by VA Puget Sound Healthcare System, Seattle, WA
- February 17, 2021, 1100-1400 ET
- Adobe connect platform
- 68 participants on Adobe Connect, 60 on VANTs telephone line

#### • VES #5

- No designated host facility
- May 19, 2021, 1500-1800 ET
- Webex platform
- 76 participants

### **Format**

- Four Domains of Inquiry
  - What are the health issues of concern?
  - How can research help?
  - How can VA improve quality of life?
  - What should the VA Secretary know?
- Public Comment Period
- Brief intro to each domain by VES subcommittee members
- Veterans, caregivers, and advocates responded on the audio and in the chat mechanism on the platforms

## Major Themes

#### Health Concerns

- Diverse, common and esoteric, potent negative impact
- Difficulty accessing expert health care in VHA and elsewhere
- Some concerns about special vulnerability to COVID and COVID vaccine side effects
- Difficulty navigating the service connection process for GW-related benefits

#### Research Role

- Some positive testimonials about participating in research
- More widespread unawareness of research opportunities or barriers
- Imperative to communicate research results to veterans and health care providers
- Need to fund appropriate infrastructure to facilitate clinical research related to GWI

## Major Themes

#### Quality of Life

- Need a clear indicator of GWI in the medical record to target appropriate, high quality care
- Providers (especially VHA) need to treat the whole person and work with the patient to alleviate impact from chronic symptoms of GWI
- Service-connected benefits are critical to improving quality of life given tenuous or unemployment and financial insecurity caused or worsened by GWI symptoms

#### VA Secretary

- Listen to Veterans with GWI- acknowledge them and their suffering
- Understand that Veterans with GWI are not getting high quality care and change the system to prioritize that care (e.g., provider education, expert at every facility, whole health approach, complementary & integrated health, accelerate clinical research into practice)
- Make the service-connection process for GWI-related claims more transparent and efficient

## Conclusions and Implications

- Veteran Engagement Sessions continue to provide important and evolving information to the RAC GWVI and the research and research policy communities
- Participation continues to be high even with the virtual-only platform
- Content from the VES's informed the draft RAC GWVI recommendations to the VA Secretary (to be discussed at this meeting)
- The VES discussions inform the RAC GWVI meeting content

## Questions/Discussion