

# Post-Deployment Care: Lessons from COVID19



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VA National Director

Post-Deployment Integrated Care Initiative

**Research Advisory Committee for Gulf War Illnesses**

**Virtual Meeting**

**July 7, 2020**



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# Post-Deployment Care: COVID19



**Are GW Veterans at higher risk?**

## **In-vivo imaging of neuroinflammation in veterans with Gulf War illness**

Zeynab Alshelh, 1, Daniel S. Albrecht, 1, Courtney Bergan, Oluwaseun Akeju, Daniel J. Clauw, Lisa Conboy, Robert R. Edwards, Minhae Kim, Yvonne C. Lee, Ekaterina Protsenko, Vitaly Napadow, Kimberly Sullivan, Marco L. Loggia; *Brain, Behavior, and Immunity*; Volume 87, July 2020; 498-507

***“Our study provides the first direct evidence of brain upregulation of the neuroinflammatory marker TSPO in veterans with GWI and supports the exploration of neuroinflammation as a therapeutic target for this disorder.”***



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# Post-Deployment Care: COVID19



## Are GW Veterans at higher risk?

### Brain glial activation in fibromyalgia – A multi-site positron emission tomography investigation

Daniel S. Albrecht, Anton Forsberg, Angelica Sandström, Courtney Bergan, Diana Kadetoff, Ekaterina Protsenko, Jon Lampa, Yvonne C. Lee, Caroline Olgart Höglund, Ciprian Catana, Simon Cervenka, Oluwaseun Akeju, Mats Lekander, George Cohen I, Christer Halldin, Norman Taylor, Minhae Kim, Jacob M. Hooker, Marco L. Loggia; **Brain, Behavior, and Immunity**; Volume 75, January 2019, Pages 72-83

***“Our work provides the first in vivo evidence supporting a role for glial activation in FM pathophysiology. Overall, our data support glial modulation as a potential therapeutic strategy for FM.”***



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# Post-Deployment Care: COVID19



**Are GW Veterans at higher risk?**

***We don't know for sure, but it certainly is a possibility.  
So we should take all steps possible to mitigate risks and  
optimize health.***



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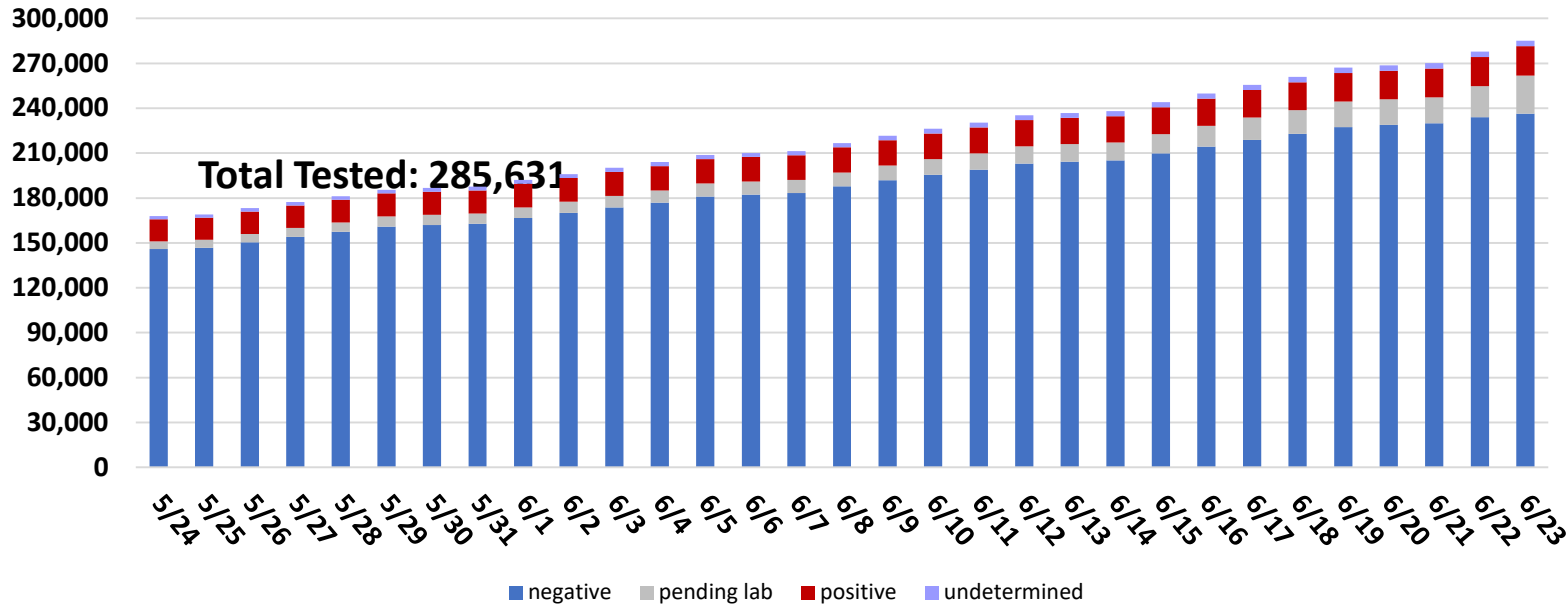
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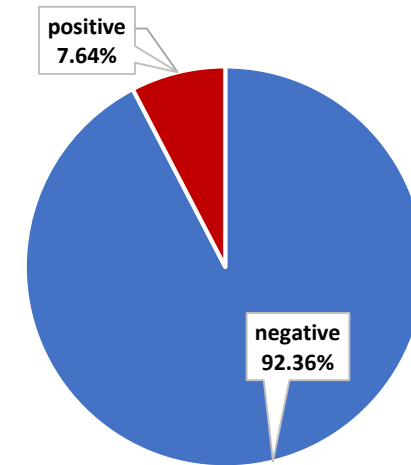
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# COVID19 Testing and Case Status

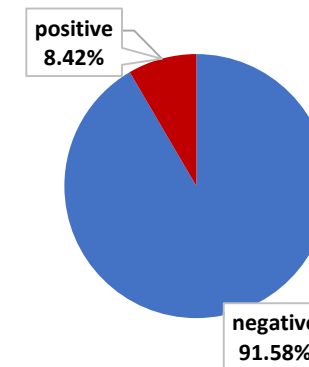
## Unique Patients Tested and Status



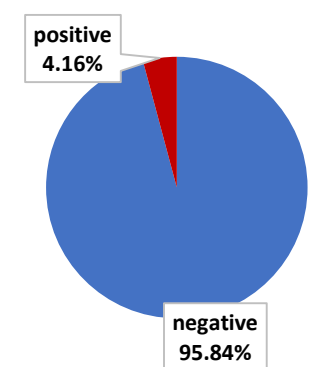
## All Tests To Date: Positive and Negative Results



## Veteran Test Results



## Employee Test Results



Details	All Unique Patients			Veterans			Employees		
	6/23/2020	6/24/2020	Day to Day Change	6/23/2020	6/24/2020	Day to Day Change	6/23/2020	6/24/2020	Day to Day Change
Total Tested	279,232	285,631	6,399	216,174	221,515	5,341	52,675	53,463	788
Number Negative	232,108	236,415	4,307	178,444	182,272	3,828	45,336	45,768	432
Number Positive	19,167	19,561	394	16,428	16,765	337	1,957	1,989	32
Number Pending	24,256	25,853	1,597	19,269	20,371	1,102	4,173	4,474	301
Other**	3,701	3,802	101	2,033	2,107	74	1,209	1,232	23



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# Veterans Health Care In Times of COVID19

Connection  
and  
Integration:  
More  
connected  
than ever.  
Annie app



Your Life  
Your Health  
Your Schedule

## Annie App for Clinicians

The Annie App helps you support patients in their self-care. It allows you to assign protocols to your patients, prompting them to track and submit health information. Text messages are automated and condition-specific, and allow patients to reply and receive responses directly from Annie. Messages from Annie are motivating and educational, and encourage patient wellness.

With the Annie App for Clinicians, you can:

- Enroll patients in automated text messaging that supports their care plan
- Start automated text messaging to remind patients to track their blood pressure, weight, glucose and more
- Alert patients by text if their readings fall above or below pre-set thresholds
- View patients' messages when you decide it's needed
- Use an existing protocol or customize messages tailored to individual patient needs
- Initiate automated reminders for VA appointments

If you need technical assistance with the Annie App for Clinicians call the Help Desk at 1-844-482-6245 weekdays from 7 a.m. – 7 p.m. (CT).

NOTE: Annie is for patient self-care and not for directing texting between Veterans and staff.

**Enroll your patients in Annie today!**

Visit the VA App Store to learn more:

[mobile.va.gov/app/annie-app-clinicians](https://mobile.va.gov/app/annie-app-clinicians)



Virtual  
Care has  
Increased  
5-6 fold  
in 3 weeks.  
Now over  
90% of  
elective care  
is virtual.  
Enhanced  
partnering  
with  
community

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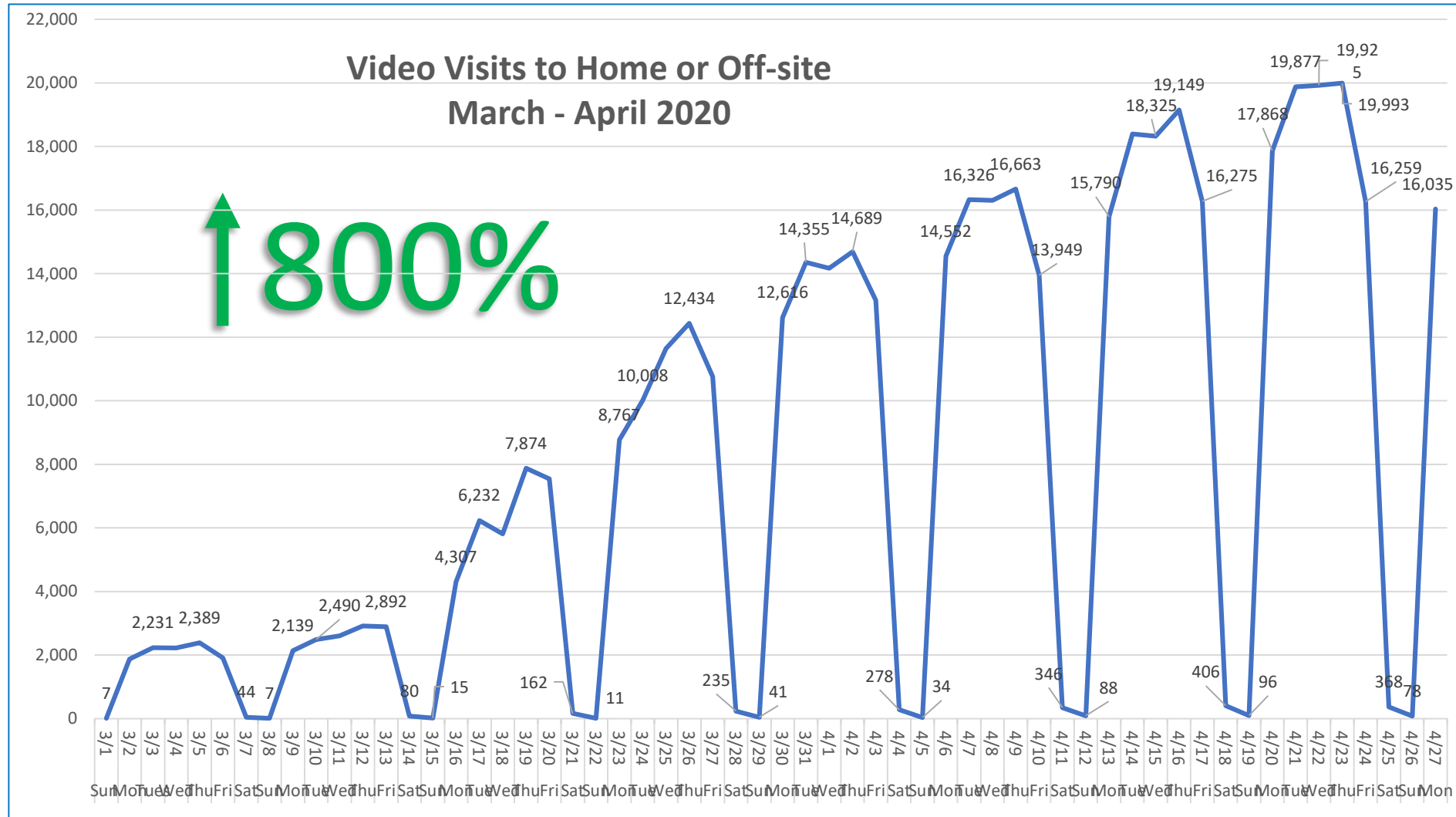


**A Research Priority**  
**Standardizing and Enhancing  
Point of VA Service for DSDS (GWI) Veterans**  
***Connecting Combat Veterans with Their VA***

*Looking back,  
Looking ahead*

**Stephen C Hunt MD MPH**  
Research Advisory Committee on Gulf War Veterans Illnesses  
June 23, 2015

# Expanding Telehealth to the Home: Video To Home Encounters





# Connected Care: Major Initiatives

## Clinical Resource Hubs

- Standardize all VISN CRH to include standard organizational structure, FTE, oversight, governance, and resource deployment to underserved areas.
- Establish a clinical resource hub communications and marketing plan.
- Fully establish framework and structure for hub expansion of specialty, rehabilitation, medical specialty, and surgical services.
- Ensure all hubs have the required resources and ability to effectively function in an environment with multiple scheduling systems.

## Expansion of ATLAS Sites

- Expand ATLAS access points for Veterans in areas with low connectivity (Access to Telehealth through Local Access Stations)

## Cerner Integration

- Integration of My HealthVet and Cerner's patient portal into a VA.gov user interface, producing a seamless unified patient portal experience.
- Integration of Mobile Health and Telehealth technologies into Cerner, without experiencing any loss in functionality

## Connected Care Device Expansion

- Increase the number of connected care devices provided to Veterans and providers. This includes iPads into patients' homes, phones for homeless veterans and connected health devices such as FitBits and Apple watches for patients.
- Data from Connected Device that come to VA for analysis and display in Virtual Care Manager and Get Care apps.



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# Post-Deployment Care in the Future

## A Returning Combat Veteran in 2030: Putting together a care plan in the future

A 27 y/o female Marine returns home from a conflict in a distant region. This was her second 10 month deployment to this same conflict over the past three years. She returned a month earlier than scheduled following a blast injury that resulted in severe injuries to her right lower extremity as well as a mild TBI. She has been having intermittent fevers; the combat theater is in a location of endemic COVID-21, the new novel corona variant. She also had possible exposures to biological weapons and ionizing radiation. She is not sleeping more than an hour or two nightly and has nightmares nightly; she has chronic anxiety and depression. Her 28 y/o partner is scheduled to deploy to this conflict in 3 months. Their 5 y/o daughter and 2 y/o son are living with their grandparents (the Veteran's parents). What might a care plan for this Veteran include?

PDICI COP call 6/12/2020

[CALL FOLDER](#)



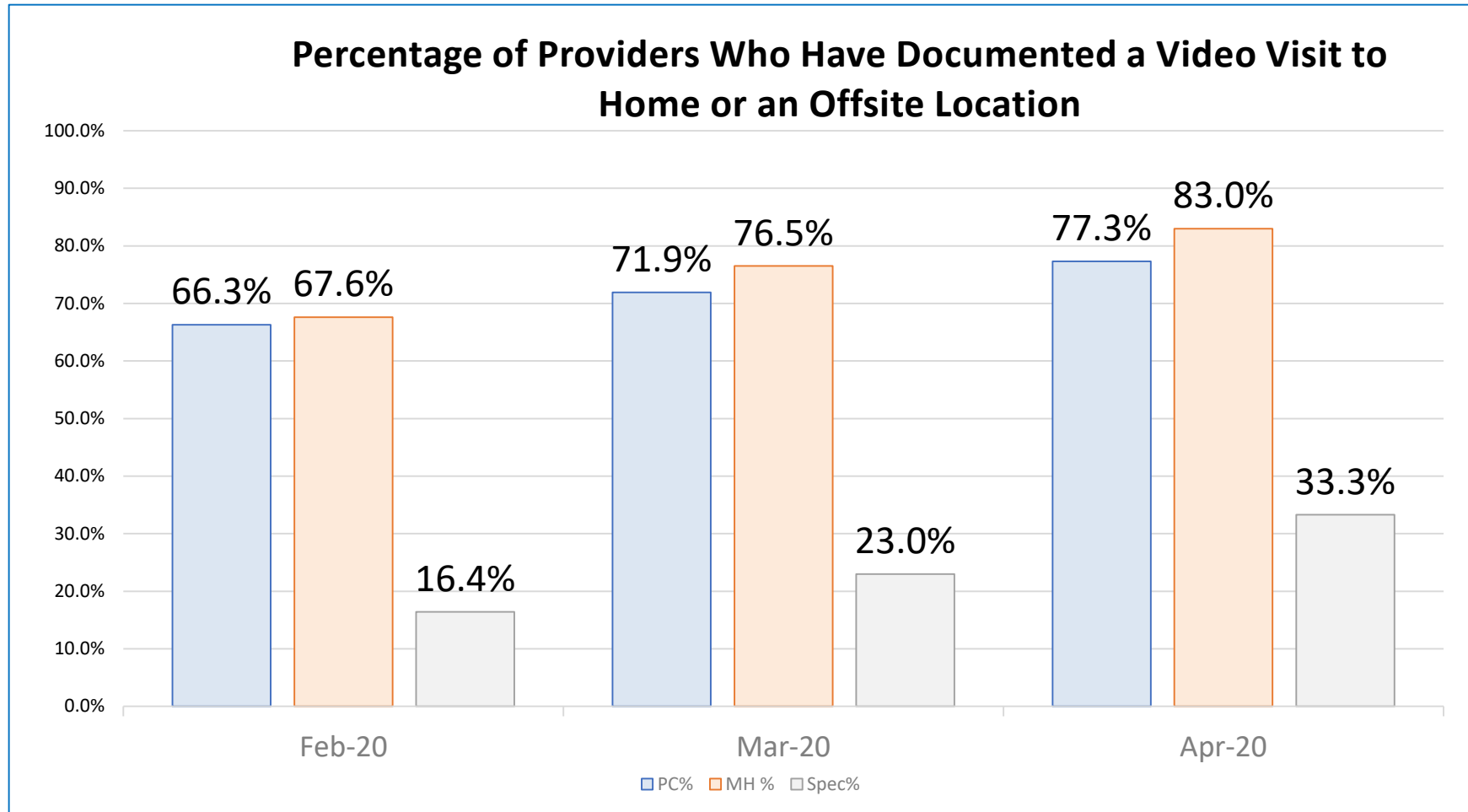
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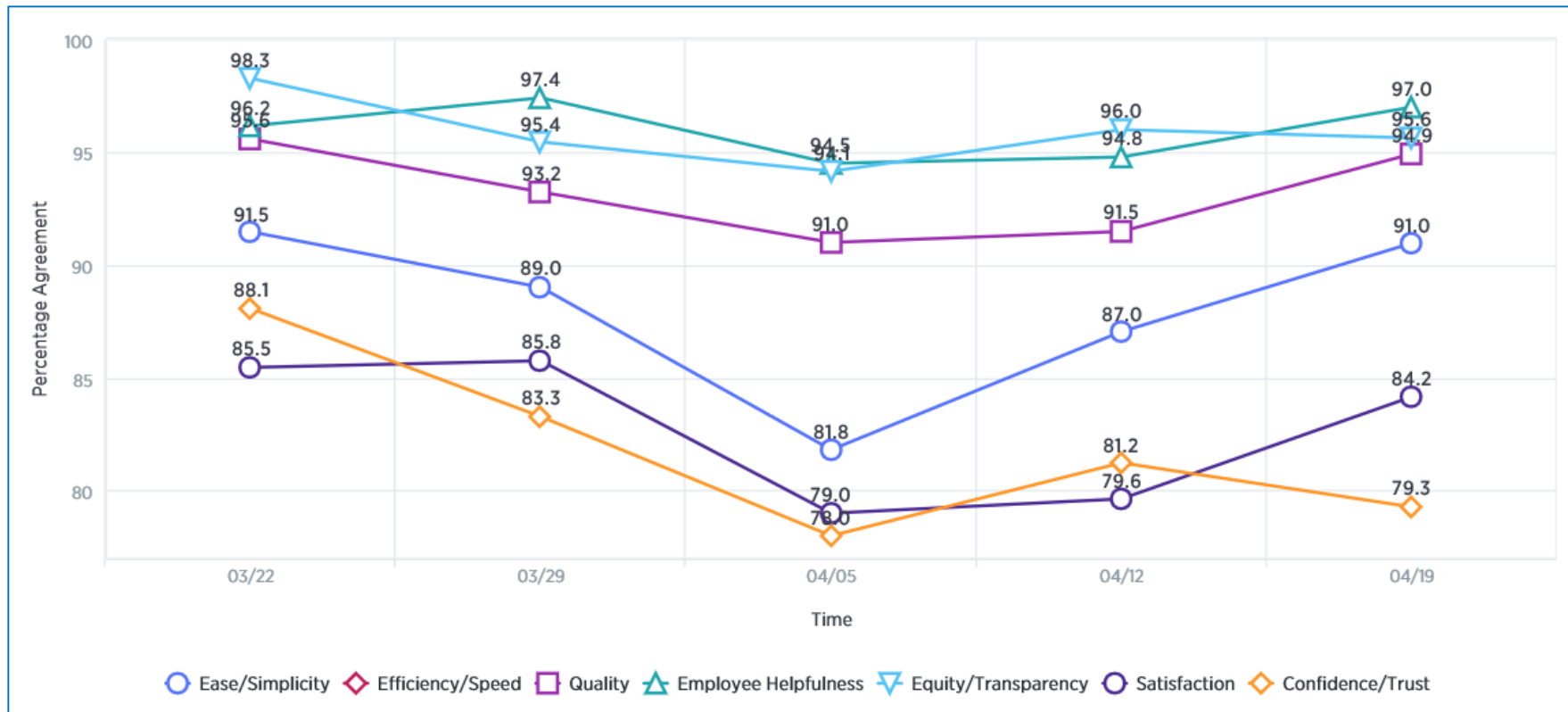
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# VA Health Care Professionals Offering Video to Home Services

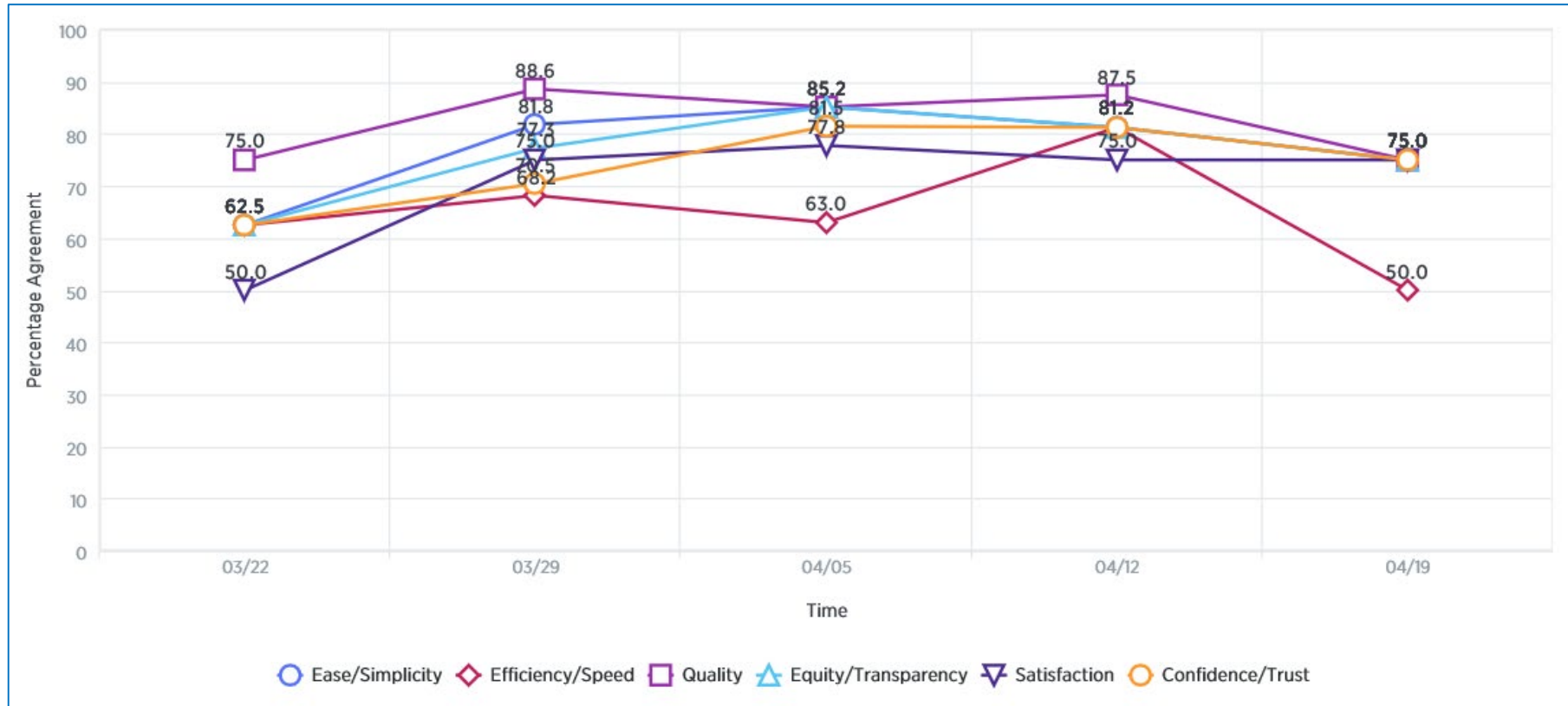




# Video to Home Patient Satisfaction - Weekly



# Experienced Video Provider Satisfaction- Weekly



# Understanding Risk Perception

<b>Less Risky</b>	<b>More Risky</b>
Voluntary	Involuntary
Individual Control	Controlled by Others
Familiar	Unfamiliar
Low Dread	High Dread
Affects Everybody	Affects Children
Naturally Occurring	Human Origin
Little Media Attention	High Media Attention
Understood	Not Understood
High Trust	Low Trust
Consequences Limited/Known	Catastrophic Consequences
Benefits Understood	Benefits Unclear
Alternatives Available	No Alternatives

From Susan Santos  
New Jersey WRIISC



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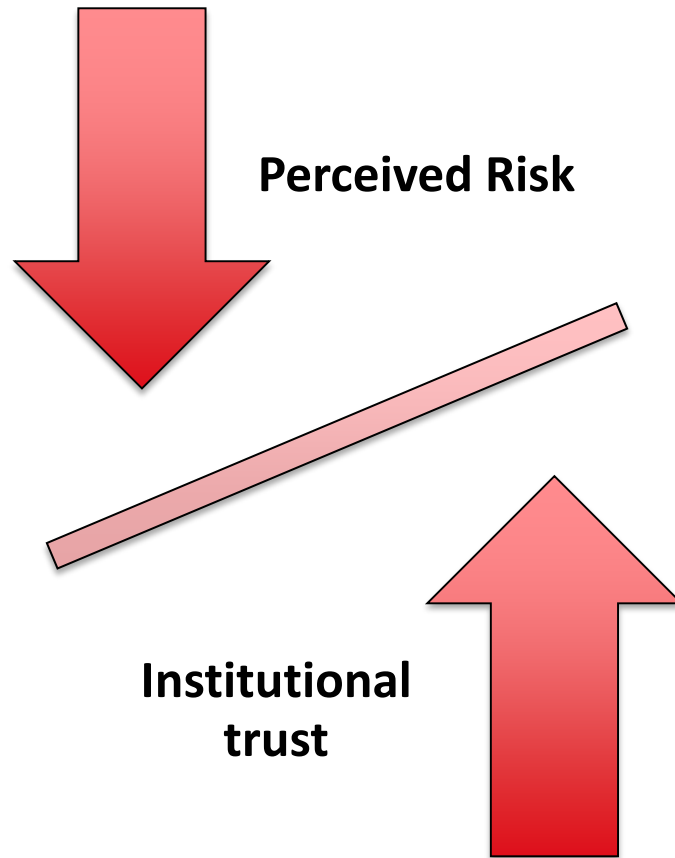
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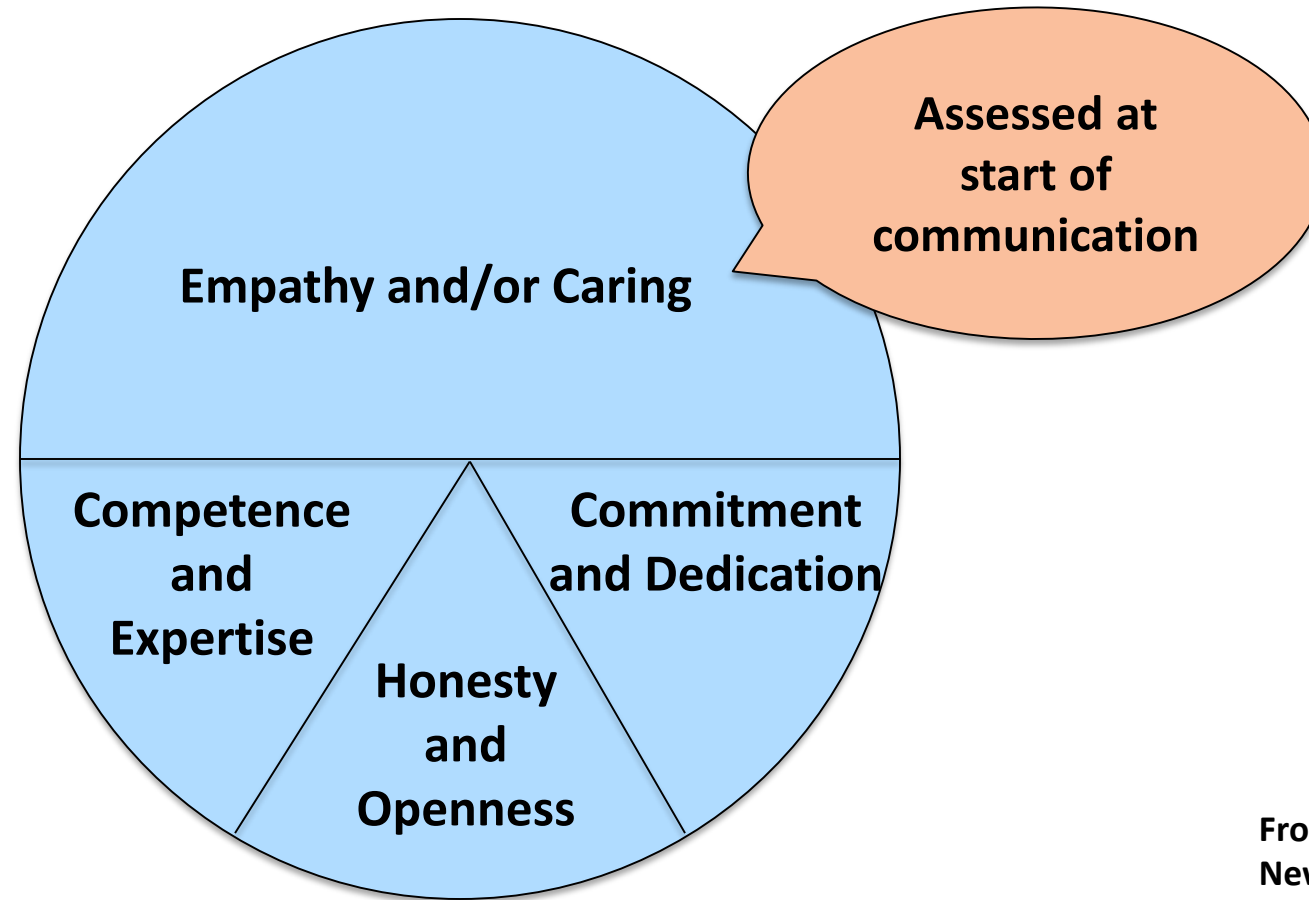
# Institutional Trust and Perceived Risk



- Numerous studies indicate that as institutional trust increases –perceived risk decreases  
-Flynn et. al., 1992; Siegrist et. al.,2000,2002; Allum, 2007
- Magnitude of effect depends on population and hazard

From Susan Santos  
New Jersey WRIISC

# Trust and Credibility of the Communicator is Key



From Susan Santos  
New Jersey WRIISC



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# Post-Deployment Care in the Future: Lessons from COVID19



## The Need for a System of Care: Pandemics, National Disasters, Post-Combat Care

MESSAGE FROM THE VHA EXECUTIVE IN CHARGE  
COVID-19: Monitoring PPE from the HOC

May 28, 2020

[video](#)

MESSAGE FROM THE VHA EXECUTIVE IN CHARGE  
COVID-19: The Emergency Management Coordination Cell

June 5, 2020

[video](#)



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