

“I’d like to ask you some questions about how you are doing in your overall life. These questions may seem different than the typical questions you are asked at VA. It is important for us to ask these questions because they will help your health care team provide better care to you.

For these questions, please consider the most important things that you do, or wish to do, in your daily life. This might include having a job, managing your health and finances, spending time with family and friends, or participating in leisure-time activities.

**If you are not sure which response to choose, please make your best guess.”**

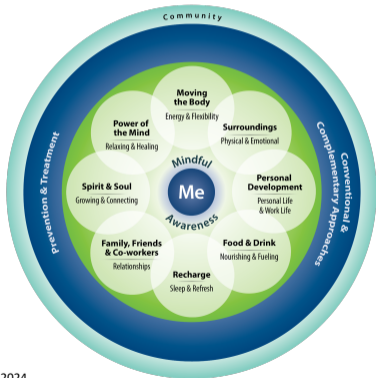
**Well-Being Signs:  
Over the past month,  
on average how often  
have you been:**

Fully satisfied with how things are going?

Regularly involved in things that are important to you?

Functioning your best in the most important things you do?

**Whole Health** supports your health and well-being by focusing on **what matters to you.**



Get started on your  
**Whole Health**  
journey today!

[www.va.gov/wholehealth](http://www.va.gov/wholehealth)

Learn more here: (VA devices only)

[Well-Being Signs \(sharepoint.com\)](https://www.sharepoint.com/Well-Being-Signs)

